FosterlineBC

BC Foster Parents Association



BC FOSTER PARENTS ASSOCIATION (BCFPA)

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The BCFPA Provincial Office is located on the traditional. ancestral and unceded territories of the Kwantlen, Katzie, Matsqui and Semiahmoo peoples.

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Submissions — Forward articles, personal stories or ideas to the BCFPA provincial office. Materials may be edited for length and suitability. To be added to our Foster Community Resources list as a regional or agency contact, please email Michelle Relevante at michelle@bcfosterparents.ca.

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President's Report

Hello Fellow Foster Parents:

Isn't it fabulous to see faces again as we go about seeking out our normal lives. I truly appreciate seeing smiles and saying hello to people I pass in the store or on the street. It has been a long time coming!

We are gearing up for the Annual General Meeting in Victoria at the beautiful Inn at Laurel Point. Book your rooms as soon as possible. It is going to be great to network again and experience some Vancouver Island hospitality. We are arranging some amazing speakers for you to choose from. Don't forget to plan some time for self-care activities while you're there and take in a few of the many beautiful sites Victoria has to offer.

This year, the President and Secretary positions are up for election. If you are interested in running for either of these positions and you are eligible, watch for the AGM publication that will provide all the details. It will be sent to our members next month. This year, we are pleased to offer 100% online voting through a third-party neutral platform, Simply Voting. Simply Voting will provide BCFPA with a secure, cost-effective, and environmentally friendly voting process. You can vote from your phone, laptop or tablet. This should allow for those that couldn't make the trip to still take part in the AGM and cast their votes. Watch for information about our online voting process.

Hopefully, many of you were able to join us in the webinars we held about the changes to Chapter 5: Children and Youth in Care Policies and how they positively affect foster parents. We are proud to have worked in collaboration with MCFD's Child Welfare Policy Team on this project, as it reflects our true working relationship with the Ministry. In case you missed any of the webinars, there is a link on our webpage or YouTube channel.



We know that all of you are struggling on some level with the cost of everything increasing at an alarming rate. We can't keep up and it is making many foster parents choose a different occupation. We don't want to lose the many skilled, educated and experienced foster parents that we have, but we also know you cannot hang on like this for much longer. We are working diligently on this and continue to bring it to the Ministry's attention. As many of you know, we have sent Minister Mitzi Dean a letter directly explaining our concerns over maintenance, service fees and cost of living increases, which we have not been provided since 2009. Our letter was supported by others from support agencies, all referencing our community's need. Foster parents need more financial support to keep us going in these trying times. Thank you to everyone that took the time to fill out the survey that provided us with the information we needed to back up what we already knew — foster parents need a significant increase to support the children and youth placed in their homes.

We are still looking for eligible members to fill some vacant board positions. We need a member from the north and Vancouver Island to keep us keep us informed of what's going on in their areas. If you are interested or know someone that might be, please contact the provincial office and let us know. Being involved on the board keeps you informed and gives you an opportunity to champion foster parents in our province.

Julie Holmlund President

OUR MISSION

To represent and support all foster parents who provide quality in-home family care in BC.



OUR BELIEF

Supported and resilient caregivers raise empowered children and youth.



OUR VISION

Supporting children and youth to reach their full potential through exceptional care.



BC Foster Parents Association (BCFPA) is a provincial organization for foster parents, run by foster parents. We are a registered non-profit charity which aims to bring together foster parents, social workers and other stakeholders who are working to continuously improve the standard of care for children and youth in our province.

We provide information to the general public about fostering and recruitment services to the Ministry of Children and Family Development and Delegated Aboriginal Agencies. We offer our community a support network through our local Branch affiliations and our Solutions Program, accessible fostering information and education, a hub to share news across our sector and insurance resources for foster caregivers. For over 50 years, we have consulted about the revision and development of policy and practice within BC's child welfare sector.

BCFPA's structure facilitates contact with all foster parents in the province. We provide funding to our Branches and Regional Councils, and we maintain a Board of Directors that represents the diversity of our province. BCFPA's Board of Directors provincially, regionally and at a community level are all volunteers, elected by their foster parent membership community.

Notes from the Office

Since our last update we've had some significant changes at the provincial office. BC Foster Parents Association has 3 new staff members and some familiar faces have moved on to other pursuits. Our Solutions Manager, Annette Harding, who was with us for 4 years and who officially launched the Solutions Program in 2018, retired at the end of May. I'm sure she's currently following her bliss with plenty of time in her garden and with her grandchildren. We wish her every happiness and many adventures in the future! In her stead, we welcome Candice Baytaluke as our new Solutions Program Manager who has a long history of working with the Ministry of Children and Family Development. We are thrilled that Candice has accepted the role and we're confident that her abundance of experience and insight will guide us through sometimes turbulent shifts as the child welfare system aligns with new service delivery expectations for Indigenous children, youth and families.

Hopefully, most of you have had an opportunity to view the <u>webinar</u> created in partnership with MCFD. The webinar supports the changes to Chapter 5: Children and Youth in Care Policies that is now inclusive of foster parents' valuable role as part of the child/youth's care team. This project was many years in the making and involved many subject matter specialists, foster parent advisors and a team of policy analysts and writers. The changes, which we are hopeful will have a positive impact on fostering culture, received the stamp of approval from all levels of provincial government.

We recently released six newly created BC Foster Basics videos on our <u>BC Foster Basics YouTube</u> <u>channel</u> on a wide variety of topics. Our channel now has over 50 videos providing foster parents and the general public with information, resources and insight into BC's fostering system. We hope you'll visit and subscribe to the BCFPA YouTube channel.



BCFPA recently launched our **Early Years** Resources webpage. It's packed with great social, mental and physical development information and resources to raise healthy, happy kids from birth to age 6. The resource page is split into three sections: (1) Why the Early Years Matter, (2) Mental Health and Neurodevelopment Challenges, and (3) Indigenous Cultural Safety Resources. Our Communications Manager, Michelle, has outdone herself again with her research and development of this fantastic online resource for foster parents, adoptive parents – actually, any caregiver of little kids. We hope you'll go there often, share the site with others, and use it as a jumping off point to increase your skill set and knowledge about caring for the "littles" in your life.

It took a full year to create and receive approval for a program that will cover damages to foster parent property or belongings that are below the \$10,000 deductible of the Rider Insurance Program. We were pleased to finally launch the **Under-Deductible Losses (UDL) Program** on May 1st, 2022. We have arranged for a one-stop contact for all your property claims to make the process as painless and efficient as possible.

Summer is just about here and we are deep into AGM planning for our event in October! We are really looking forward to seeing everyone at the event – it's been far too long. In the meantime, I wish you all a safe and healthy summer with your families and friends.

Jayne Wilson
Executive Director

Message from BC's Representative for Children and Youth, Dr. Jennifer Charlesworth

Hello everyone,

I hope that you have all been keeping well and taking in the beautiful spring weather making its way across the province. I want to take a moment before I provide you with some updates from my Office to highlight BC Child and Youth in Care Week.

Every year, we join together to celebrate the diverse and extraordinary young people in care across B.C. during Youth in Care Week. As the province's Representative for Children and Youth, I have the honour and privilege of meeting with and learning from many young people in and from care, whose stories, insights, ideas and aspirations inform our priorities and actions at the RCY. The strength, courage and resilience I witness from them is inspiring, to say the least.

Please join me this year from May 30 to June 5 in raising our hands to these young people and helping to ensure that their lives are filled with the loving care, compassion, support, resources and help to create the sense of belonging they deserve in their lives.

Since I last wrote, highlights of RCY's work over the past few months include the release of two reports that take a closer look at key aspects of the system of care that surrounds children, youth, young adults and their families across the province. On March 29, I released At a Crossroads: The roadmap from fiscal discrimination to equity in Indigenous child welfare, a report on ending discriminatory funding practices and achieving equity in Indigenous child welfare funding in B.C. The report takes a closer look at the current child welfare funding model in this province and how much money is being spent on First Nations, Métis, Inuit and Urban Indigenous services compared with child and family services for non-Indigenous people, how that spending translates into services being delivered, and what kinds of outcomes are being achieved for young people. The full report, which concludes that funding levels for Indigenous children and youth are largely dependent on where they live - on reserve or off reserve - is available here.

In April, I released Beyond Compliance, a report focused on quality care planning for children and youth in the care of MCFD. The full report is available here.

Following the heartbreaking news out of Williams Lake First Nation earlier this year, I was joined by RCY's

Knowledge Keeper, Yuxwelupton, in releasing two video statements regarding the continued harm and trauma caused by residential schools. Please take a moment to watch the video statements here.

In early March, I released a statement commending MCFD's announcements regarding enhanced supports for children, youth and young adults who have spent time in government care and are transitioning into young adulthood. I was pleased to hear about the positive direction MCFD has taken in response to the advocacy work of so many community groups and individuals across the province. These improvements also embraced four of the recommendations I made in the report A Parent's Duty (December 2020). My full statement is available here.

Finally, this summer, we will be releasing a report focused on child and youth participation and voice in child protection and family law legal processes. My Office is also working on a second FASD video centred on the lived experiences of individuals. We are also developing a webpage dedicated to resources on belonging, as part of our continuing knowledge mobilization work on the Skye's Legacy report.

As always, to get help from an RCY Advocate, children and youth can reach our Office through our text and chat functions: text 1-778-404-7161, or find chat through the button on our website youth page. Foster families and caregivers looking to connect with an RCY Advocate or for general questions or comments, can contact us by email (rcy@rcybc.ca), phone (1-800-476-3933) or by using the secure and confidential form on our website.

And finally, a great way to keep up with my Office is through social media – find us on Facebook (@rcybc or @rcybcyouth), Twitter (@rcybc or @rcybcyouth) and Instagram (@rcybcyouth).

Jennifer Charlesworth

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Representative for Children and Youth

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Interior Delegate Report by Raquel Lesieur



Hello everyone! There have been a lot of trainings for foster parents in the Interior region organized by our foster parent support agencies. It has been nice to reconnect with other foster parents in person but Zoom meetings and workshops are still happening.

As British Columbians and Canadians in general deal with a 6.7% inflation rate, foster parents are growing very concerned about finances and the need for more financial supports for foster families. In most areas, they are concerned about the increased cost associated with home ownership. Owning a home is becoming more unaffordable. While everyone has been dealing with the swift rise in consumer costs, not everyone is impacted the same way. In April, BCFPA conducted a Cost of Living Survey with foster families and we received a total of 485 responses. You can find an infographic with a summary of survey results on page 17 of this newsletter.

Our Board of Directors (who are all foster parents) and our provincial office staff are here for you. Bring any fostering challenges to our attention so that we can support you. Please do not foster in isolation. We all know when we're feeling overwhelmed, but learning to press the pause button and say, "I need help" is one of the most courageous things we can do as foster parents.

Wishing you all a great summer and I hope to see many of you at the Annual General Meeting in Victoria this Fall!

Coast Fraser Delegate Report by Catherine Clutchey



Hello from the newest member of the BCFPA Board! I am so thrilled to join the team as the Coast Fraser Delegate. I have been fostering for almost 17 years and am typically raising 7 children. My background is in Neonatal Intensive Care Unit (NICU) nursing and I work closely with MCFD in their Safe Baby training program.

I am new to the board, but not new to fostering advocacy. I have recently stepped down as President of the Fraser Valley Foster Parents Association (FVFPA). With that organization I have worked hard to advocate and support foster families and the children they have in their care. I plan to do the same, but with a larger geographical area as BCFPA's Coast Fraser Delegate. It is both reassuring and concerning that the issues and challenges we are having in South Fraser are also occurring across the province. That being said, I find it so encouraging to see the incredible strength in my fellow foster families, but it is time for change. Respect is needed for all foster families and this should include increased collaboration and compensation for our hard working foster families.

Please reach out if you wish to connect. Whether you're looking to find resources or have questions about policy and practice, BCFPA is here for you. The BCFPA toll-free Fosterline is available Monday thru Friday from 8:30 am to 4:00 pm. Foster parents are entitled to support and advocacy when issues or concerns arise about their home and the care they provide.

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Sector News & Updates



Walking Together Agreement: Simpcw First Nation signs first co-created child welfare agreement in BC history

The Simpcw First Nation now has its unique practices, customs, laws, language and traditions integrated into a new child welfare agreement, Tcwesétmentem (pronounced Twa-set-mentem) which transalates to Walking Together in Secwepemctsín. The agreement was more than two years in the making and it is the first of its kind in BC's history. Simpcw First Nation is a part of the Secwepemc Nation and the band is located in the North Thompson valley.

Kúkpi7 (Chief) Shelly Loring said: "It gives us the opportunity to voice our concerns and to have a voice in the planning for any type of protection, like I said, the planning and the placements of our Simpcw children". Minister Mitzi Dean of the Ministry of Children and Family Development, emphasized the provincial government's commitment to working with Indigenous communities to honour and affirm their inherent right to support and protect their children and families in ways that are aligned with their nation's beliefs, cultural practices, traditions and laws. This agreement establishes a pathway for other Indigenous communities to develop similar agreements with the BC government.—Source: MCFD

Children, Family and Community Service Act (CFCSA) Reform

The Child, Family, and Community Service Act (CFCSA), BC's child and family service legislation, has not been substantially reformed since it was passed in 1996. Changes are necessary to the child and family services system to meet the needs and goals of Indigenous peoples and improve services for all families. The CFCSA reform initiative seeks to identify changes required to complete a systemic transformation of child and family services. Online engagement sessions began in April with various stakeholders and there will be an engagement session in June for foster caregivers to include their lived experiences in the child and family service system and unique perspectives. Changes that promote prevention, respect children's ties to their families, cultures and communities, and uphold the rights of Indigenous peoples to care for their children under their laws, aligning the child and family service legislation with the federal Act respecting First Nations, Inuit, and Métis children, youth and families (Federal Act) and the Declaration of the Rights of Indigenous Peoples Act (Declaration Act). MCFD will be publishing a "What We Heard" Report and co-developing changes to legislation with community and Indigenous partners.—Source: MCFD

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Representative for Children and Youth urges MCFD to focus on improving the quality of care plans

The process of care planning plays an important role in supporting children and youth in care to develop their sense of belonging, connectedness and self-efficacy, and to emerge into adulthood successfully. The Office of the Representative for Children and Youth recently released a report entitled "Beyond Compliance: Ensuring Quality in Care Planning". The report includes findings from the input provided by youth, social workers, team leaders and foster parents in surveys and interviews. Findings suggest that the quality of care plans and the care planning process is challenged by organizational and systemic issues. The Representative hopes that the report will help to not only inform and update ministry care planning policies and practices, but also inspire action and a shift from a compliance-based approach which focuses on whether or not a care plan has been completed and updated for a child or youth, and move towards consideration of how a child or youth's care plan is developed, who is involved, its relevance to the child or youth and those who care for and about them, its attention to both current and long-term goals and assessment over time.—Source: RCY

British Columbia celebrates BC Child and Youth in Care Week

This year, the week of May 30 to June 5 is devoted to celebrating BC Child and Youth in Care Week. First proclaimed by the province of British Columbia in 2011, BC Child and Youth in Care Week is a time for everyone to celebrate our province's incredible, diverse young people in care. A group of youth in and from care advocated for this week so their siblings in care could grow up feeling celebrated and surrounded by a supportive community. They also wanted to raise awareness about the barriers they face and fight the stigma that comes with being a "foster kid." Youth envisioned a week that celebrates the unique strength of young people in care, and that's how BC Child and Youth in Care Week was created. Visit bcchildandyouthincareweek.com/ to learn more.

Stronger transitions for all youth aging out of care under Budget 2022

Under Budget 2022, the Ministry of Children and Family Development is creating a co-ordinated suite of services and benefits to support young adults from care. The new system will be developed and implemented during the next three years, beginning immediately with an ongoing extension to temporary housing supports to allow young people to continue to stay in their home past the age of 19 and until their 21st birthday.

Beginning April 1, 2022, there will be an indefinite extension to temporary housing supports to allow young adults to continue to stay in their home past the age of 19 and up to their 21st birthday, including Temporary Housing Agreements and Temporary Support Agreements. Housing options will be provided by maintaining the current COVID-19 temporary emergency housing measures up to a young adult's 21st birthday, allowing young adults to stay where they are living or transition to independence when they are ready. No age cap has been placed on these measures to provide stability to young adults through the COVID-19 public health emergency. The ministry will also maintain flexibility for the Agreements with Young Adults (AYA) life-skills, rehabilitative and mental health program options to support low-barrier access for eligible young adults. - Source: MCFD

RISE grants for youth in and from care

The provincial government is investing \$3.6 million and creating a new grant program to help children and youth during and after government care under the age of 27 participate in sport, physical and cultural activities. The program is called the RISE Grant Program—RISE stands for Resilient, Inspire, Strength and Engage. Grants for as much as \$1,000 annually will help children and youth with the costs for registration, travel, and equipment for sport, physical and cultural activities. Grants for as much as \$10,000 are also available for organizations to develop and deliver programs for children and youth in and from government care. —Source: Ministry of Tourism, Arts, Culture and Sport



RISE GRANT PROGRAM RESILIENT | INSPIRE | STRENGTH | ENGAGE



Indigenous Sport, Physical Activity & Recreation Council

Ministry of Tourism, Arts, Culture and Sport

WHAT ARE RISE GRANTS?

- RISE grants will help young people that are in and from government care to participate in sport, physical activity and cultural programs.
- Often young people that are in and from government care are under-represented in those activities.
- RISE grants will help lower the financial and social barriers to participation, and help young people realize stronger social and cultural connections and improved physical and mental well-being.

Individual Grants:

- Grants up to \$1,000 annually to participate in sport, physical activity and cultural programs.
- Low barrier application.
- Grants will help with costs related to registration fees, equipment and travel.
- Grant intake open year round.
- Timely application review.
- Flexibility to support unique circumstances.

Organization Grants:

- Grants up to \$10,000 available.
- Grants will help organizations with programming where youth can develop their abilities through sport, physical activity and cultural programs.
- Two intakes per year (Fall and Spring).

Quick Facts:

- The program will be managed by the Indigenous, Sport, Physical Activity and Recreation Council (I-SPARC).
- I-SPARC is a provincial organization that improves the health outcomes of Indigenous peoples through sport, recreation and physical activity.
- Grants will be available to Indigenous and non-Indigenous children and youth in and from care.
- The RISE grants respond to:
 - Truth and Reconciliation Commission's Calls to Action 89 and 90.
 - UNDRIP Declaration on the Rights of Indigenous Peoples Act Action Plan 4.6.

WHAT IS THE ELIGIBILITY CRITERIA?

- You are or have been a child or youth in care and are 18 years and younger.
- You are a young person from government care and currently between the ages of 19 and 26.
- Care status is defined as the following, under the Child, Family and Community Services Act:
 - Extended Family Program
 - Interim Custody Order to a person other than a parent
 - Temporary Custody Order to a person other than a parent
 - Permanent Transfer of Custody Order with a person other than a parent
 - Adoption
 - Youth Agreement

- Voluntary Care Agreement
- Special Needs Agreement
- Temporary Custody Order
- Interim Custody Order with a Director
- Continuing Custody Order with a Director
- Under the Guardianship of a Director (Infants Act)
- Guardianship of a Director (Adoption Act)
- Independent Living Agreement
- You will use the grants to participate in a sport, physical activity or cultural program.
- You live in British Columbia.

HOW DO I APPLY?

- Want to learn more? Visit www.isparc.ca
- Have a question? Email risegrant@isparc.ca



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HONOURABLE MELANIE MARK
HII Haykwhl Wii Xsgaak
MINISTER OF TOURISM, ARTS, CULTURE AND SPORT

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New BC Foster Basics Videos

BCFPA recently produced and released six new videos covering new topics for our <u>YouTube learning</u> <u>channel</u>. Our channel hosts informative videos which serves BC's foster parents and stakeholders. We hope that you take the time to watch the videos and share them with community members.

- A Day in the Life of a Social Worker
- Aging Out of Care
- Permanency Planning and An Act Respecting First Nations, Inuit and Métis Children, Youth and Families
- PRIDE Practice and Teamwork
- The Role of Foster Parents' Children in Placement Success
- <u>Tips and Tricks for Social Workers</u> who Work with Foster Parents



PRIDE Practice and Teamwork

Learn more about the PRIDE model of practice in this video.

PRIDE stands for Parent Resources for Information Development and Education. It is a comprehensive licensed model of practice, focused on the development and support of foster families.

Under-deductible Losses (UDL) Program

Efective April 1, 2022, foster parents now have access to a low barrier process to manage damages and losses valued below \$10,000 (under the Rider Insurance Program deductible), caused by the child/youth in their care. This program will be an alternative to submitting eligible repairs and losses to MCFD or Delegated Aboriginal Agencies for compensation. The UDL claims will be administered through Coast Claims Insurance Services. To learn more, visit this page.

Claims Eligibility Criteria

- Damage or loss under this program should have been done suddenly and either accidentally or intentionally by a child or youth placed in the home.
- Claimant must be a foster caregiver with a current Family Care Home Agreement with the Ministry of Children and Family Development or a Delegated Aboriginal Agency.

- Claim must be under the Rider Insurance Program deductible of \$10,000. Damages and Losses over \$10,000 will be handled under the Rider Insurance Program.
- The UDL program cannot provide assistance to repair damage caused by normal wear and tear.
- The UDL program is not a replacement for property insurance. This program is not accessible to cover damages above the rider deductible for those who are not insured. It is expected as part of the Family Care Home Agreement that foster parents have home or tenant insurance.
- To report a claim, call Coast Claims Insurance Services toll-free at 1-866-694-3111 and ask for Shannon Mycroft to initiate a claim. Report damages as soon as possible after the incident has occurred.

BCFPA's Early Years Resources



The purpose of the **Early Years Resources** webpage is to strengthen the capacity of foster parents in order to better support the mental, emotional and social development of children under the age of six. Foster parents play a pivotal role in supporting children and families during this critical stage.

Healthy development in the early years provides the building blocks for lifelong health and wellbeing. Early intervention works. Intervention is likely to be more effective when it is provided earlier in life rather than later, giving a child the chance to receive appropriate supports and services and the best chance for a positive future. Early intervention supports and services can change a child's developmental path and improve outcomes for children, families, and communities. The Early Years Resources page can be found within the BCFPA website and is designed to be a one-stop resource for foster parents who are caring for children under the age of six. The page is split into three sections: (1) Why the Early Years Matter, (2) Mental Health and Neurodevelopment Challenges, and (3) Indigenous Cultural Safety Resources. The format is intentionally bite-sized with easily accessible and digestible content—so that users can pick and choose the topics that they are interested in, meeting the needs of busy foster parents. Foster parents will find several interactive tools which include a free mobile microlearning course, quizzes, and downloadable tip sheets and worksheets. While the intended audience is foster parents, the resource page is also helpful for those who work with children under the age of six.

The Early Years Resources page will be updated on an ongoing basis, depending on resource updates, and new scientific research and evidence-based practices. The inclusion of resources is not an endorsement; it is up to each individual learner to determine which resource works best for them. If you know of a resource we should include in the Early Years Resources page, please email us at office@bcfosterparents.ca.

Take our free mobile microlearning course on EdApp!

Our mobile microlearning course is available on EdApp. Simply follow the login guide and gain access to five modules with many interactive tools such as animated videos, narrated content and game-based knowledge tests.

Download your certificate upon successful completion of the course.

Login Steps



Search for **EdApp** in the App Store or Play store on your device, then install the app.

edapp.com



Open EdApp and swipe through the instructions. On the last screen, select Create an EdApp Account.



Enter your invite code (BCFPA). Select next once you're ready.



Enter your details and agree to any terms before selecting **Register My Account**





How does a BCFPA Membership Benefit YOU?

- 85% of the membership fees paid to BCFPA are sent to our community branches formed by our network of foster parents across the province. The funds you give to us for membership in turn provide support for your very own community's foster family activities, meetings and workshops.
- As a member, you can participate in shaping the future of the sector by proposing motions for action at our Annual General Meeting, through working with committees or by joining the provincial BCFPA Board of Directors.
- Members have access to our Camps for Kids Grants. We also support youth in and from care with education bursaries as well as our members' biological and adopted children.
- Members have access to our new Medical Travel Grant. Foster parents should not be out of pocket for the work that you do, and we realize that you often incur extra costs that may not be covered for out-of-town trips for medical care.
- Through our Perks Program, BCFPA members receive substantial discounts on various brands and products.

Our membership classifications are as follows:

- Foster Parent Members (Voting): Foster parents pay a small fee to join as a member, make motions and vote at meetings, participate in directing BCFPA's programs and services, and benefit from grants and discount offerings. Your membership fees still support the family-focused and networking activities of our community branches.
- Associate (Foster Parent/Non-Voting): This
 membership classification is for foster parents who
 want to join at no cost, receive all of our general
 information, be eligible for some bursaries and
 ensure that your name is in our database for
 additional group offerings.
- Community (Stakeholders/Donors/Non-Voting):
 This classification is available at no cost for our partners and donors who wish to be in our database to receive sector news and updates.

BCFPA was formed in
1967 by foster parents and social
workers. We work directly with
the Ministry of Children and
Family Development to advocate
for all foster parents regardless of
whether they foster for MCFD or a
Delegated Aboriginal Agency.
Together, BCFPA and MCFD have
brought about an abundance of
positive change in fostering
practice over the
past 55 years.





WHO WE ARE

The Federation of BC Youth in Care Networks was created by a group of young people in care who saw the need for more supports for their peers. That was in 1993, and today we still stay true to their vision!

We have grown from a youth group to a peer-based, youth-driven, provincial non-profit organization dedicated to improving the lives of youth in and from government care.

Are you a youth in or from government care in BC between the ages of 14 and 24?

CONNECT WITH US!



Learn about your rights and build the skills to ADVOCATE FOR YOURSELF!

Unite your voices and experiences to CREATE POSITIVE CHANGE in the system!



Explore and grow your skills and talents through FINANCIAL SUPPORTS. volunteer opportunities, WORK EXPERIENCE and workshops!

Learn about opportunities, **RESOURCES** and **SUPPORTS** for youth in and from care in BC!



Build a community of youth in and from care and supportive adults through virtual and inperson EVENTS. activities and ONE—ON—ONE SUPPORT!

Honour the awesomeness of youth in and from care (that includes you!) through CELEBRATIONS. care packages and RAISING COMMUNITY AWARENESS!

TWITTER FBCYICN
YOUTUBE TheFBCYICN

FIND OUT MORE ABOUT OUR PROGRAMS AND SERVICES!

WEBSITE fbcyicn.ca **EMAIL** info@fbcyicn.ca

FACEBOOK YouthInCareBC INSTAGRAM fbcyicn

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Changemaker Spotlight: Meet Toni Morgan

Tell us a bit about yourself.

Hi, I'm Toni Morgan and I am 27 years old. I work as a Special Services Youth Worker at Aunt Leah's Place, in their Support Link Program. I help support and teach life skills to youth in care that live in our semi-independent suites from around Surrey, Langley and Burnaby. I have a unique lens with my job as I was placed in foster care at birth and was raised in care until I turned of age. When I'm not working you can catch me grabbing a Slurpee, watching a NBA game or snuggling watching old MTV shows with my kitten Luna.



What myth about "foster kids" would you like to see dispelled?

"Foster kids" are labelled and stigmatized with being a "bad child". They are not bad kids that come from bad parenting. We did not choose to be in foster care. Our core needs were not met during our early years and we will show our struggles through our behaviours the only way we know how — fight, flight, freeze or fawn.

How can caring adults truly "show up" for children and youth in care?

Reach out to a foster family that you know. Let them know you are there, let them vent and support them. We need to take care of those who are providing care to children, youth and their families. There isn't enough foster homes in BC because of the lack of support for those that do care enough to open their homes. And lastly, open your hearts and homes—Explore how you could provide safe and trauma-informed spaces for children and youth to grow and thrive in.

What are some of the lessons you've learned from your lived experience in care that you'll carry for the rest of your life?

There are foster parents that want to help. We can't say that they don't understand us if we are not open to sharing our feelings. I know it's hard to remain open to trusting adults after being hurt and disappointed consistently but find the one adult that cares and hold on. You can't change the past but you are in in control of your future.

Who inspires you?

My Professor and Child and Youth Care mentor, Peter Hoag, from Sheridan College in Ontario. He meets everyone where they are at, including me, a hardened young adult with a distrust of the child welfare system. He encouraged me to put my lived experience into action and advocate and raise a little hell if I have to.

What are your future goals?

I am always thinking of an effective program that could house foster teens and young adults up to age 24. I want it to be a place where they can learn about life skills, mental health supports, financial supports, and eventually move on to independence. I want to create a space they can visit and drop in for support and resources after they have moved into independence. I want it to feel like a family so ideally like family hubs in various cities. And maybe possibly owning a diner that helps financially support this program and employs foster teens to start off their resumes.

What message would you like to give to children and youth in care?

You are in charge of your life and the direction it goes. It will be an uphill battle at times but it will feel amazing to be able to look back and be proud of how far you got. Don't let foster care define your worth. Don't let foster care define who you are and don't let it rob you of success in the future. Find your voice and use it. Use it loudly if you have to because YOU are worth it.

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BCFPA Members have access to discounts through our partnership with Canada's leading perk program!



Step 1: Go to Perkopolis.com and click 'Register' in the top right corner.

Step 2: To access all perks, you must register by using a valid email address. Then, you will receive an email to activate your registration. – click the link within this email that says "Complete my profile".

Step 3: Enter your member ID code which is BCFPA + your 5-digit membership number (e.g. BCFPA12345). Once you are logged in, click on your name in the top right corner of the screen, then choose 'Profile'. Your BCFPA Membership Number will appear as the first item under 'Your Information'. You can now navigate back to perkopolis.com.

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FREE TRAINING FOR FOSTER AND **ADOPTIVE PARENTS**

Anxiety in Children and Youth - Practical Intervention Strategies

Gender and Sexual Diversity in Youth

Wellness Strategies - Stress, Compassion Fatigue, and Resilience

Download your certificate upon completion of the webinar and test. Enjoy access to 3 webinars until September 2022. To register, please email office@bcfosterparents.ca or call 1-800-663-9999





Not covered by a group health plan? Concerned about health & dental expenses?

Find the coverage that's right for you and your family with a **Health Assist plan** from Green Shield Canada (GSC for short).



You can choose a plan that offers prescription drug coverage, dental or a combination of both. Plus, all plans provide coverage towards vision care, extended health care (like registered massage therapists and chiropractors), and emergency medical travel protection. Your acceptance is guaranteed for many plans – no medical questions asked*. Best of all, Health Assist plans are easy to understand and easy to get.

It's all about you and what you need. Want more info?



Candace Dodson-Willis

in strategic alliance with Group One Candace_Dodson@icloud.com

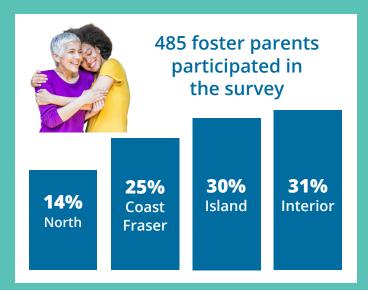
Plans provided by Green Shield Canada (GSC)

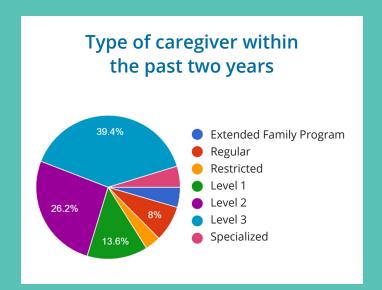
green shield canada

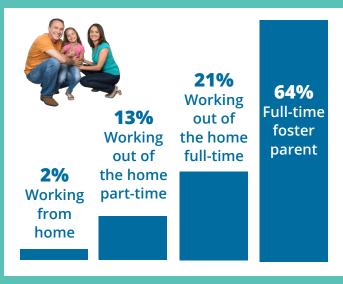
^{*}Acceptance is guaranteed for select plans as long as GSC receives the initial payment; other plans require completion of a health questionnaire and medical underwriting ®Trademarks of Green Shield Canada. The GSC logo design is a registered trademark of Green Shield Canada. © 2016 Green Shield Canada. All rights reserved.

Cost of Living Survey for Foster Families

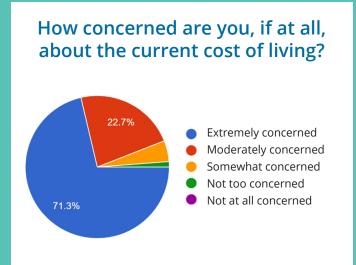
Survey Highlights

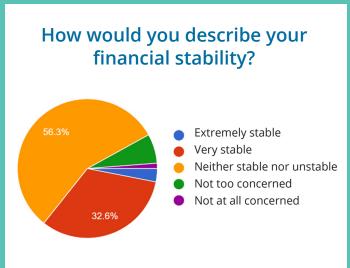






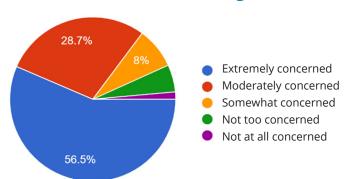






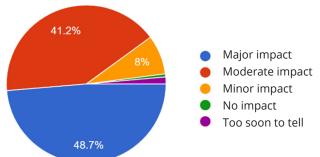
Cost of Living Survey for Foster Families Survey Highlights

How concerned are you about the additional costs of owning your home or affording suitable housing for your family?



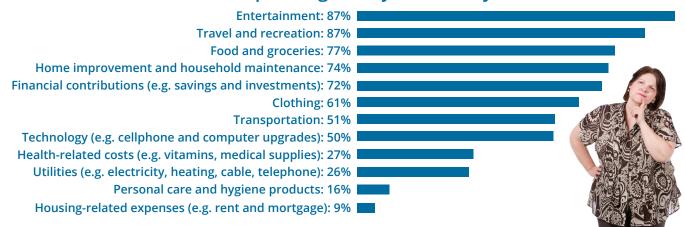
"Housing has become so unaffordable in BC. Home ownership has become such a privilege in most cities. We have been evicted due to no fault of our own and are faced with very expensive housing options. A major rental subsidy would be helpful."

Which of the following best describes the impact of rising costs on your ability to meet financial obligations or essential needs, such as rent or mortgage payments, utilities and groceries?



"The rising cost of gas, groceries and other essential items are really taking its toll. Because we can't afford to live in major cities, we end up doing a lot of driving. We go to several appointments every week and it is costly. The mileage rate is definitely inadequate."

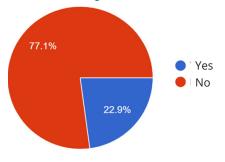
Which areas of household spending have you recently made cutbacks on?



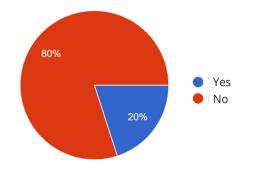
Cost of Living Survey for Foster Families

Survey Highlights

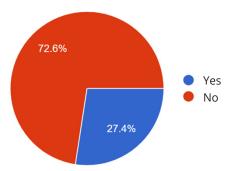
Does the current maintenance rate alone allow you to meet the needs of children/youth placed in your home?



Are you currently receiving supplemental or exceptional payments?



Does the current maintenance rate provide adequately for the nutritional needs and payment of the child/youth's portion of expenses associated with running your home?



"The rates are outdated and have never kept up with inflation. The children placed in our care have many support needs. We will do everything within our control to support them even when we are always making out-of-pocket expenses. If I didn't work, my family wouldn't be able to keep up with the rising cost of living."

Please share your experience of requesting additional financial support to meet the needs of the children/youth in your home.

"99% of the time it is rejected and we are told that it is included in the maintenance. But when you add up the cost of things it cannot possibly be included because the maintenance runs into a deficit every month."

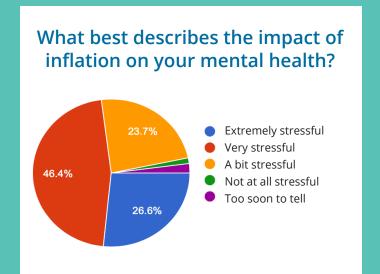
"My experience is dependent on the resource worker and/or the guardianship worker we are working with. We have had the experience of not being able to get anything funded to having supportive workers who advocate to their team leads about the needs of children and youth in care."

"Requesting is easy, obtaining does not always happen. I've given up asking for most supports."

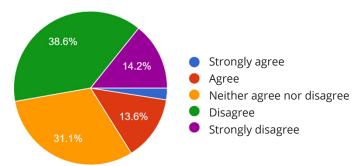
Cost of Living Survey for Foster Families

Survey Highlights





To what extent do you agree or disagree with the following statement? "I have adequate support to cover the expenses of the children/youth placed in my care."



"Children and youth in care need as normal a life as possible. That means giving them supports that go beyond just survival. I will not restrict what those in my care do because they are not given the support to do the things they love to do."

FOSTER PARENT VOICES

Asking for support does not reflect our ability to care for kids with complex, behavioural needs but it is necessary for the health and wellbeing of everyone in the family.

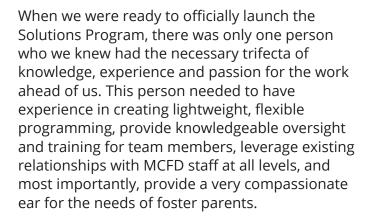
> We take on a demanding, 24/7 commitment and deserve to be respected, valued and supported.

It's the gap in placements that is the hardest to manage as a foster parent. Knowing that when placements stop, payments stop after 60 days is the most stressful part. I still have to pay for a big house, a big car and pay for wear and tear damages. I can't start work and stop work each time a placement comes and goes but I can't afford to continue paying for the space necessary for fostering without the financial support. Additionally, knowing that I don't have pension or supports that resemble a living wage later on in life means I should be saving a substantial amount of what I have now.

I can't do that without living in poverty.

Happy Retirement, Annette!

Photo: Annette Harding (R) with Krissy Ramcharan (L) Written by Javne Wilson



Annette Harding joined BCFPA as Solutions Manager in 2018. As we were certain she would, Annette has utilized her broad knowledge and extensive experience to expand our program to all areas of the province, building strong partnerships and healthy communication networks. Annette's understanding of BCFPA's long history of advocacy and collaboration with the Ministry formed part the Solutions Program to ensure that our work with foster parents, agency staff and the Ministry includes a focus on partnership. Because of Annette, foster parents in our community have had a compassionate witness to their challenges and have been represented by an amazing advocate over the past 4 years. Through the Solutions Program, BCFPA was able to track and report support trends and issues across the province. From the beginning, Annette embraced her role as a program leader and mentor. Her assistant, Krissy, has said many times that she feels very fortunate to work with such an intelligent and kind leader who provides generous instruction and guidance.

Annette retires after decades of contribution to the social service and child welfare sectors. Her efforts have defined social service policy and practice, influenced legislative change, motivated her colleagues and, of course, improved the lives of families too numerous to count.

As Annette embarks on a whole new adventure, we wish her endless days of relaxation in her garden and fun with her grandchildren, family members and friends from around the world. She leaves us inspired by her determination and passion, and ready to carry the work forward. We will miss Annette more than words can say.

"I have worked with foster families throughout my 40-year career as a social worker. The word "foster" is a verb. When I think of all that foster families do; to foster love, to foster attachment, to foster development, to foster resilience, to foster nurturance, to foster change, to foster fun, laughter and joy, to foster connections with the child's family, to foster the child's relationship with siblings and family, to foster and support the child's lifelong relationships and to foster teamwork. Foster families have taught me that it's impossible to look after children in isolation and that teamwork, networking and support are crucial to the success of each child." - Annette

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Photo of the Solutions Program Team from left to right: Candice Baytaluke, Annette Harding, Krissy Ramcharan and Carolyn Fitzpatrick

Welcome, Carolyn Fitzpatrick! BCFPA's New Solutions Program Assistant

Tell us a bit about yourself.

I'm a parent of two teenagers and two pets. My background is in psychology, nutrition, and kinesiology.

What drew you to BCFPA and the Solutions Program?

Advocacy for dedicated non-kin parents who do the impossible each day.

Who inspires you?

Temple Grandin, Musicians, distance runners, innovators, and grassroots food security initiatives.

What are you most excited about in your new role as BCFPA's Solutions Program Assistant?

I'm excited to work on cases and support foster families in the challenges they face.

What do you hope to accomplish in your role?

I hope to connect with and learn more about the many dedicated foster families in BC and to provide applicable wisdom in my role.

RAPID FIRE QUESTIONS

What is one of your nicknames? Moose

What is your favorite season? Fall in Toronto

What is your favorite animal? Dog and cat who don't differentiate between each other's species.

What is your favorite drink? Coca cola classic

What is your hidden talent? I can do all sorts of sophisticated needle craft patterns.

If your pet could talk, what would they say about you? Sit still!

If you were to write a book, what would it be about? It would be audio, and I probably won't.

Finish the sentence. "The way to my heart is....." Science knowledge.

What fun fact about you might surprise people? If I am really sleep-deprived, I can mostly play keyboard by ear.

What is the best advice you ever received? Go for it.

Meet Candice Baytaluke, BCFPA's New Solutions Program Manager

Tell us a bit about yourself.

I am a daughter, mother, wife, sister, auntie, cousin, friend, yogini, and dog/nature lover. I'm a second generation Ukrainian Canadian born and raised in a tight knit family of 8 in the Kootenays. I was born in Saskatchewan as my dad worked construction and drove heavy equipment helping to build the highways in the Prairies before chasing the coal industry and relocating our entire family from Saskatchewan to BC when I was a toddler. Growing up in a small rural community set my foundation of determination and being a voice for others in unjust situations. There was a lot of community engagement and unionized activities fighting for improved services and thus improved quality of life in a variety of areas from equal pay, education, medical, sports, recreation, fluoridated water and preservation of environment or health and safety within a single resource industry town. Growing up in a large family made me feel safe in a community where everyone knew who we all were! This still rings true to this very day. I grew up in a house full of love that was challenged with poverty as my dad's health was impacted from working underground in the coal mine and he eventually left work due to lung issues. My dad became the unofficial town greeter at the local post office while he encouraged us all to pursue education and independence.

I truly believe my social work pursuit, strong will, and values were nurtured from a very young age! I was the first in my family to attend university as my older siblings had completed many trades, certifications and designations. I loved my entire educational experience from high school through to completing two undergraduate degrees from the University of Victoria. I first completed my Bachelor of Arts (Major in Sociology/Minor in Psychology) and then decided to apply to the School of Social Work.



I successfully completed my Bachelor of Social Work and began my career with the Ministry of Social Services and Housing back in 1990 in the Williams Lake office. I bring a long social work career of almost 32 years to this new Solutions Manager role. From 1990 to December 2021, I served children, youth and families in a variety of positions from guardianship, family services, resources, adoption, child protection investigations, children and youth with special needs, Aboriginal services, Practice Consultant for Adoption & Guardianship, Practice Analyst with the Reportable Circumstances team and then with Aboriginal Services Branch supporting the DAAs across the province. I finished my career in the role of Manager of Guardianship & Permanency for Aboriginal Services Branch supporting DAAs. I also volunteered for 7 years as an Auxiliary RCMP Constable after 6 months plus of intensive training with the City of Kamloops RCMP South Detachment. Currently, I am a volunteer director with People in Motion and collaborate with many other volunteer directors from a variety of professions.

I am blessed as a mother to two young adults. My son graduated from university during the pandemic with no celebrations allowed and is working for an Indigenous Nation as a Senior Environmental Consultant. My daughter is currently in a work co-op with an Indigenous Natural Resource Department and will return to University in the fall. Being a mother provided better insight into all the joys and heart breaks of parenting and supporting those struggling to maintain a safe and loving family environment.

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I am also fortunate to have my husband, Ed, as my rock. He is a stellar father who spend a lot of quality time with our children given his shift work. He was the dependable driver of many children to and from school events. He is a first responder so we both have recognized the need to ensure we nurture ourselves and each other with self-care and solitude time in nature to remain grounded and connected to serving those in need.

What drew you to BCFPA and the Solutions Program?

A friend sent me the posting and I started reflecting on all the great foster parents that I had worked with during my career with the Ministry. I was drawn to the advocacy and support opportunities. I reviewed the program history and its objectives and I became excited about the role so I applied! I recognized that this role is important to assist those experiencing complex situations that may not have a crystal clear answer. I am hopeful that my foundational work practices, skills, and knowledge would be an asset in collaborating to solve problems and to interpret policies, legislation, and practice guidelines through a trauma informed, childcentred, and a reconciliatory/restorative lens in the best interests of the child and youth in government care.

What do you admire most about foster parents?

Throughout my career as a social worker, I embraced partnerships, built trusting relationships and learned so much from many dedicated, compassionate and nurturing foster parents. They opened their heart and homes when I arrived with very little notice through the middle of the night, bringing scared and traumatized children. I worked closely with many experienced foster parents who I approved and supported through the adoption process from beginning to completion. I gained tremendous respect and admiration for all foster and adoptive parents for their unwavering commitment, strong advocacy, unconditional love, and support. I couldn't do my work without their willingness to collaborate as an important member of the child's care team.

Who inspires you?

This question sparked a lot of reflection as I looked deep into my soul acknowledging all the teachings of my father. I didn't realize it at the time but I do now in regards to his influence in my life in so many areas. He influenced and shaped my activism and values of diversity, inclusion, acceptance, equity, and fulfilling a life of service to others. My father was a hardworking farm boy who joined the army and served during World World II. My father had a wonderful sense of humour, was a great conversationalist and found joy in doing good deeds for others! These qualities served him well especially in the years he experienced declining health as he always tried to find the silver lining. My father didn't share all the family hardships his parents experienced being immigrants who both fled the war with their families. I know my father is with me along my path. He continues to give me strength and hope while navigating thid world. Day by day and one step at a time!

What are you most excited about in your new role as BCFPA's Solutions Program Manager?

I am excited to carry forth on Annette's solid footing in the development of the Solutions Program with the unwavering Solutions Team with Krissy and Carolyn! I look forward to meeting and supporting foster parents across BC. Their voices need to be heard and the Solutions Team will continue to provide consistent support and advocacy.

What do you hope to accomplish in your role as the Solutions Program Manager?

I will strive to uphold the rights of both foster parents and children and youth in government care as I support a child-centered and traumainformed approach. I am an ally in the reconciliation and restorative pathway. I want to build trusting relationships and support foster parents as a key player within the care team. I recognize that the PRIDE philosophy and competencies for training foster families is grounded in teamwork and working together as part of the child's care team.



Adopting your foster child? We're here for you! These workshops can help with transitions, trauma, and more.

Safe Babies: Starting October 12, 2022

This workshop is designed for those planning to adopt, foster, or care for a baby or toddler—especially if there is any risk of prenatal exposure.

Learn about infant development, substance exposure, sleep issues, household and infant safety, support services, self-care, and more in this three-part online workshop.

The workshop is taught by a Safe Babies trained facilitator and includes guest speakers, as well as scheduled time for questions and discussion.

Format: Three x 1.5-hour online workshop sessions.

Fee: \$150 per person.

Trauma-informed Parenting: Starting September 20, 2022

Parenting kids with trauma can be tough at any stage of their development.

This online workshop is designed to provide tips and tools for trauma-informed parenting and to help parents understand the relationship between trauma and adoption.

Parents will learn about the different types of trauma, how they manifest in the developing child, and strategies for parenting with a trauma-informed approach.

Format: Three x 2-hour online workshop sessions.

Fee: \$95 per person.

FOSTER COMMUNITY RESOURCES

Provincial Resources		Island	
BC Foster Parent Associations www.bcfosterparents.ca	1-800-663-9999	For contact information for local foster parent groups or support in your area, please call 1-800-663-9999.	
After Hours Foster Parent Support Line	1-888-495-4440	Foster Parent Support Services Society (FPSSS) www.fpsss.com	1-888-922-8437
Indigenous Perspectives Society www.ipsociety.ca/foster-caregiving	1-844-391-0007 ext. 229	FPSSS (South Vancouver Island) FPSSS (Central Island)	778-430-5460 250-618-8327
Federation of BC Youth in Care Networks www.fbcyicn.ca	1-800-565-8055	FPSSS (Comox/Courtney) FPSSS (Cowichan Valley) FPSSS (Upper Island)	250-898-4488 250-818-3293 250-204-1566
Adoptive Families Association of BC www.bcadoption.com	1-877-236-7807	FPSSS (Port Alberni) FPSSS (North Island)	250-735-1124 250-949-7419
BC Council for Families	604-678-8884	North	
Pacific Post Partum Support Society www.postpartum.org	604-255-7999	For contact information for local foster or support in your area, please call 1-8	
Parent Help Line	1-888-603-9100	AXIS Family Resources www.axis.bc.ca	1-877-392-1003
Parents Together	604-325-0511	Community Bridge (Fort St. John) www.communitybridge.ca	250-793-2261
Parent Support Services of BC www.parentsupportbc.ca	1-800-345-9777		
Representative for Children & Youth www.rcybc.ca	1-800-476-3933	Coast Fraser For contact information for local foster parent groups	
FAE/S Support Network	604-507-6675	or support in your area, please call 1-800-663-9999.	
Kelty Mental Health Resource Centre	1-800-665-1822	Hollyburn Family Services www.hollyburn.ca	604-987-8211
Interior		Vancouver Aboriginal Child & Family Services Society www.vacfss.com	778-331-4500
For contact information for local foster parent groups or support in your area, please call 1-800-663-9999.		Foster Hub www.fosterhub.ca	1-877-926-1185
Okanagan Foster Parent Association www.okfosterparents.ca Central Okanagan	250-870-8991	Archway Community Services www.archway.ca	778-880-8555
North Okanagan South Okanagan Shuswap	250-558-0939 250-462-6907 250-515-1522	Fraser Valley Foster Parent Association www.fraservalleyfosterparents.org	1-877-797-7701
Okanagan Metis Children & Family Services	250-868-0351	South Vancouver Youth Centre www.milieu.ca	604-325-2004
Interior Community Services www.interiorcommunityservices.bc.ca www.icsfp.info East Kootenay	1-877-376-3660 250-426-6013 778-460-5174	Pacific Community Resources Society www.pcrs.ca	604-587-8100
West Kootenay Cariboo Kamloops and area	250-609-2017 236-421-0031	The Children's Foundation https://www.childrens-foundation.org	604-434-9101

IT PAYS TO BE A MEMBER! Please complete and return to BCFPA: 208-20641 Logan Avenue, Langley, BC V3A 7R3 or join or renew via our website at bcfosterparents.ca Address: _____ City: _____ Postal Code: _____ Local Association (BCFPA Branch): Level of Foster Home: (select one) Restricted ___ Regular ___ Level I ___ Level II ___ Contractor ___ Other ___ This is a: New Membership _____ (OR) a Renewal _____ 1 year: individual \$30.00 ____ OR couple \$35.00 ____ 2 year: individual \$50.00 ____ OR couple \$60.00 ____ *\$10.00 of this membership fee will be used by the provincial office for administration of the program and development of services to foster parents. The balance of the fee will be returned to your regional board or BCFPA branch. I/we contract with _____ MCFD _____ Delegated Aboriginal Agency Other:_____ OR my affiliation with the BCFPA is (i.e. staff, MCFD, non-foster parent): ______ As members of the BC Foster Parent Associations, I/we agree to abide by the Bylaws, Policy and Procedures, and Code of Ethics of the Federation. [signature(s)] Please bill my VISA or MC # ______ Expires ____ / ____ [signature for approval]

Get social with us!







