



Substance Use and Toxic Drug Information and Resources

*Purple ribbon: a symbol of awareness and understanding. Overdose Awareness Day: August 31

The toxic drug crisis continues to put children and youth in care (CYIC) at serious risk of overdose and other harms. This continues to be a growing concern for foster parents, caregivers, care providers, and workers who support young people in complex situations.

Below are resources and tools to help plan for safety and provide effective support. They ensure consistent information across the province to help keep CYIC safe.

BC Provincial Resources

<ul style="list-style-type: none">• Toward the Heart	<ul style="list-style-type: none">• BC Centre for Disease Control - Harm Reduction & Substance Use Services
<ul style="list-style-type: none">• Foundry - Where Wellness Takes Shape	<ul style="list-style-type: none">• Emoji Codes: Decoded
<ul style="list-style-type: none">• Help Starts Here	<ul style="list-style-type: none">• With Open Arms: Supportive conversations among friends FNHA
<ul style="list-style-type: none">• Training, Naloxone, Narcan, overdose, drug poisoning Toward the Heart	<ul style="list-style-type: none">• Lifeguard App HelpStartsHere

Health Authority Resources

First Nations Health Authority	<ul style="list-style-type: none">• Overdose Prevention & Harm Reduction: Get Informed• Indigenous Harm Reduction• Not Just Naloxone Program	Interior Health Authority	<ul style="list-style-type: none">• Substance Use Services Available for Youth (SAY) Interior Health• Youth Substance Use Services & Resources Health & Wellness IH
Fraser Health	<ul style="list-style-type: none">• Youth substance use services - Fraser Health	Island Health Authority	<ul style="list-style-type: none">• Mental Health & Substance Use Services Island Health
Northern Health	<ul style="list-style-type: none">• Services by community Northern Health• Family Toolkit Here to Help	Vancouver Coastal Health Authority	<ul style="list-style-type: none">• Youth substance use services and resources Vancouver Coastal Health