

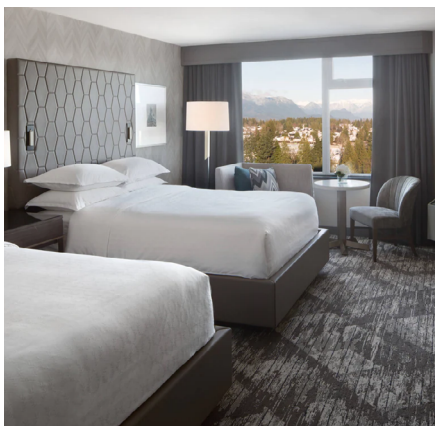
BC Foster Parents Association

Annual General Meeting & Conference 2025

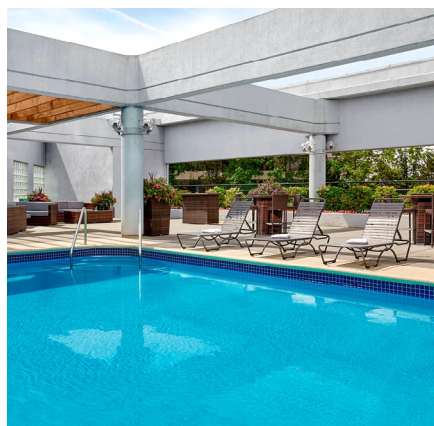
October 3-4, 2025



Sheraton Vancouver Guildford Hotel is located on the shared traditional territory of the Stó:lō, Kwikwetlem, Tsawwassen, Katzie, Semiahmoo, Kwantlen, and other Coast Salish Peoples



Camps for Kids Fundraisers:
50/50 Draw, Bucket Draw



Guest speakers, multiple
half-day workshops, and
networking opportunities



Banquet dinner and
live DJ entertainment

October 3-4, 2025 | Sheraton Vancouver Guildford Hotel | 15269 104 Ave, Surrey, BC



BOOK NOW TO RECEIVE THE DISCOUNTED ROOM RATE BEFORE SEPTEMBER 1, 2025

Book your stay at the Sheraton Vancouver Guildford Hotel for BCFA's 2025 AGM & Conference before **September 1, 2025** to receive BC Foster Parents Association's discounted room rate of **\$215 per night** for a Traditional Room.

Book now at the Sheraton Vancouver Guildford Hotel

Guests are also able to book their stay by contacting the hotel directly by phone (**1-800-587-3038**) or by email (**reservation@sheratonguildford.com**) and identify themselves as attendees of BCFA's AGM & Conference to receive the special guest room rate.

Link to book is also available on our social media platforms.

Morning Workshop Options - Friday, 9:30 am to 1:30 pm



Cultivating Resilience and Helping Children and Teens Thrive through Secure Attachments with Colleen Drobot

Capacity: 75

Length: 4 hours

Caring for children can be a daunting endeavor at the best of times. Yet even more challenging can be caring for children who have had a background of separation from primary caregivers, may have experienced wounding or trauma, may have special support needs, neurodiversity, or other challenges experienced in their lifetime. Although extremely rewarding, foster caregivers may face a host of emotional and behavioral challenges from the children and teens in their care. Through a developmental lens, registered counsellor Colleen Drobot will uncover the roots of anxiety, and aggression as well as oppositionality and defiance in children. She will help make sense of how attachment is meant to unfold, how foster caregivers can provide a secure attachment, cultivate resilience, and confidently handle the challenges their foster children and families may face. She will also recommend some safe discipline practices that can create more security and build relationships for children and teens. Through stories, examples, and theory, Colleen will suggest ways in which foster caregivers can help support children to find psychological and emotional rest in their world.

About Colleen Drobot (drobotcounselling.com)

Colleen Drobot is a registered professional counsellor who provides therapy for adults and offers parent consulting using a developmental, attachment-based approach. She was a teacher with over 20 years' experience working with children in the regular classroom. She also specialized in supporting children with neurodiversity. She is an adjunct faculty member of the Neufeld Institute and has worked with Dr. Gordon Neufeld for many years. Colleen is a mother of two and draws from her personal as well as clinical experience to support parents and professionals in gaining insight, opening their hearts, and leading by their intuition.



Recognizing and Working with the Impact of Complex Trauma: Practical Strategies for Supporting Your Kids with a senior CTR Clinician from Complex Trauma Resources

Capacity: 75

Length: 4 hours

When love is not enough. Foster parents and other caregivers give from the bottom of their hearts. Often this isn't enough. Complex trauma changes the child's brain and nervous system (and thus all development). These kids don't respond well to typical parenting. How do we create an environment of nurturing experiences for these children to heal? Can we move beyond "managing" the challenging emotions and behaviours to "see" and respond to the underlying needs?

About Complex Trauma Resources (complextrauma.ca)

Complex Trauma Resources supports individuals committed to fostering children who have undergone traumatic experiences, understanding the difficulties associated with connection, emotions, and behaviors that can often follow suit.

Their purpose is to instill hope, assuring you that we've witnessed remarkable transformations firsthand through our programs repeatedly. As the sole organization offering complex care interventions, they work closely with a child's entire support team, leading to significant improvements in the child's life.

Afternoon Workshop Options - Friday, 2:30 pm to 1:30 pm



Collaborative Decision-Making in Child Welfare – What Foster Parents Need to Know! with Lori Frank

Capacity: 75

Length: 2 hours

Foster parents are deeply connected with children and youth involved with the Ministry of Children and Family Development. Collaborative Decision-Making (CDM) Processes are important options for children and youth to know about as they navigate conflict and communication with parents, social workers, and other support people. Foster parents can also participate in Collaborative Decision-Making Processes, either through supporting children and youth in their care or working through their own conflict and communication barriers. Collaborative Decision-Making Processes can also focus on helping youth transition out of care, a critical time in many youths' lives.

In this workshop, foster parents will learn more about CDM Processes and the role they could play within these processes. Foster parents will then be able to take this valuable information and use it to support children and youth in their care.

About Lori Frank (mediatebc.com)

Lori Frank is an experienced facilitator and mediator with a deep understanding of child welfare and collaborative decision-making. She brings empathy, practical tools, and a trauma-informed approach to her work, empowering families and professionals involved in child welfare to communicate effectively, address conflict and make thoughtful decisions together in a way that preserves dignity and self-determination. Lori is the Director of Child Welfare Initiatives with Mediate BC. She is a Registered Roster Mediator (RRM) and has mediated in a variety of areas including family, child protection, workplace and non-profits. Lori enjoys seeing live music performances, traveling and spending time with family and friends.



The Mental Health and Developmental Impact of Tech and Social Media with a senior CTR Clinician from Complex Trauma Resources

Capacity: 75

Length: 2 hours

Structured to connect into their morning workshop topic, yet still be accessible and relevant to those who did not attend, this short afternoon session is a customized delivery of Complex Trauma Resources *Why Children are Addicted to Gaming and Social Media* mini course. The course, available online, features a discussion of why all children can become hooked, but especially why children with trauma are more vulnerable. This discussion is paired with practical strategies and supports to help guide caregivers through navigating this tricky and increasingly relevant experience.

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Event Itinerary

October 2, 2025 (Thursday)

7:00 PM to 9:30 PM

Welcome Reception

Pick up your registration package, grab a bite to eat, and participate in a kick off 50/50 draw

Tynehead 2 & 3 (Second floor)

Wellness Evening

Enjoy a complimentary 30-minute spa treatment (caregivers only, sign-up required)

Tynehead 1 (Second floor)

October 3, 2025 (Friday)

7:30 AM to 8:30 AM

Breakfast and Registration

Guildford B & C (First floor)

8:45 AM to 9:00 AM

Territorial Welcome and Opening Prayer

Guildford B & C (First floor)

9:30 AM to 1:30 PM

Morning Workshops - Half-day Sessions

Cultivating Resilience and Helping Children and Teens Thrive through Secure Attachments with Colleen Drobot

Guildford A (First floor)

Recognizing and Working with the Impact of Complex Trauma: Practical Strategies for Supporting Your Kids with A Senior CTR Clinician from Complex Trauma Resources

Tynehead 2 & 3 (Second floor)

1:30 PM to 2:30 PM

Lunch

Buffet lunch and 50/50 draw.

Guildford B & C (First floor)

2:30 PM to 4:30 PM

Afternoon Workshops - Mini Sessions

Collaborative Decision-Making in Child Welfare – What Foster Parents Need to Know!
with Lori Frank

Guildford A (First floor)

The Mental Health and Developmental Impact of Tech and Social Media
with A Senior CTR Clinician from Complex Trauma Resources

Tynehead 2 & 3 (Second floor)

7:00 PM to 9:00 PM

Crafting Therapy Workshop
Caregivers only, sign-up required
Green Timbers 2 (Second floor)

October 4, 2025 (Saturday)

7:30 AM to 8:30 AM

Breakfast and Registration
Tynehead Ballroom (Second floor)

9:00 AM to 2:00 PM

Annual General Meeting
with Territorial Welcome and Opening Prayer
Guildford Ballroom (First floor)

6:00 PM to 10:00 PM

Banquet Dinner, Dance, and Fundraiser
Bucket Draws, 50/50 draw, and live DJ entertainment
Guildford Ballroom (First floor)

Crafting Therapy Session for Caregivers

Join Board Secretary Julie Holmlund and Interior Delegate Raquel Lesieur for a fun and creative workshop on the evening of Friday, October 3rd.

All supplies needed will be included in the workshop at no extra cost.

Please note that this activity is for foster caregivers only and sign-up during registration is required. Attendance is capped at 40.



Meet our DJ

DJ Stacey believes that music has the power to change lives, cement moments in your memory, be a faithful companion, and bring you through both the hardest days in your life and the too-good-to-be-true ones.



Raised on a diet of classic rock on vinyl, Stacey knew the words to 'American Pie' before she was in elementary school. Growing up in the era of Spice Girls, boy bands and one Mariah Carey chart-topper after another, it was inevitable that her love for music would morph into an outright obsession with pop music.

Stacey believes that joy is found on the dance floor when you're surrounded by people you love, and you can expect a curated mix of uplifting, funky, nostalgic and sing-along-able hits when she's behind the decks.

She's currently in the process of becoming qualified as a music therapist, further cementing her belief in the power of music to change lives. Stacey is continually dazzled that she gets to spend her days playing music for people during the most memorable moments of their lives.

About the Fundraisers

Daily 50/50 draws will be taking place during our Welcome Reception, Friday lunch hour, and Banquet evening. Tickets will be available through staff for \$10 per arms-length (18 tickets).

During our classic Bucket Draw, happening on Saturday night, the Guildford Ballroom will be populated with our fresh new teal buckets placed in front of many luxurious packages. Purchase 8 tickets for \$20 and decide which packages you want to take a chance on winning! We will be selling tickets throughout the conference.

Fundraiser Packages

We have some great prizes up for grabs at our Camps for Kids Fundraiser!

Explore British Columbia Package (valued at \$5,000)

Includes accommodations to various hotels and resorts in BC, gift cards to restaurants, and passes to activities.

Escape to Vancouver Island Package (valued at \$4,000)

Includes BC Ferries travel passes, accommodations to various hotels and resorts on the island, gift cards to restaurants, and passes to activities.

Vancouver Family Activity Package (valued at \$2,500)

Includes accommodations to Metro Vancouver hotels, tickets to shows and sports games, gift cards to restaurants, and passes to family activities.

Downtown Vancouver Couple's Package (valued at \$1,200)

Includes accommodations to Metro Vancouver hotels, gift certificates for activities, gift cards to restaurants, and passes for two.

And many other packages!!!

New Payments Options

We are excited to announce that we now offer new payment options for purchasing 50/50 and Bucket Draw tickets.

Attendees can now make secure, contactless card payments through Stripe. Just tap to purchase your tickets at the venue - quick and easy!

We will be continuing to accept cash payments alongside added credit and debit payments.

BCFPA AGM 2025 REGISTRATION FORM - Full Conference

Please submit one form per attendee. This form is also available online including a secure credit card payment system.

First Name		Last Name	
Phone Number		Email Address	BCFPA Membership #
Street Address		City	Postal Code
Please note any dietary needs or preferences Please select all that apply <input type="radio"/> Vegan <input type="radio"/> Vegetarian <input type="radio"/> Gluten-free <input type="radio"/> Dairy-free			
Please list any food allergies or sensitivities			
Full conference registration (Includes all event options, meals, and conference materials) Workshop selection: Please select one of each Morning Workshop <input type="radio"/> Cultivating Resilience <input type="radio"/> Recognizing and Working with the Impact of Complex Trauma Afternoon Workshop <input type="radio"/> Collaborative Decision-Making <input type="radio"/> The Mental Health and Developmental Impact of Tech and Social Media			<input type="radio"/> \$350
Would you like to enroll in the Friday craft session? (Foster Caregivers only) <input type="radio"/> Yes <input type="radio"/> No			
Would you like to attend the Wellness Room? (Foster Caregivers only) <input type="radio"/> Yes <input type="radio"/> No			
Please check the payment method of your choice <input type="radio"/> Visa/Mastercard <input type="radio"/> Cheque enclosed payable to BC Foster Parents Association			
Credit Card Number	Cardholder Name		CVV
Expiry Date	Signature		

Mail, email, or fax completed registration form:

BCFPA, 208-20641 Logan Avenue, Langley, BC V3A 7R3 | Email: office@bcfosterparents.ca | Fax: 604-544-2223

BCFPA AGM 2025 REGISTRATION FORM - Workshop Only

Please submit one form per attendee. This form is also available online including a secure credit card payment system.

First Name		Last Name	
Phone Number		Email Address	BCFPA Membership #
Street Address		City	Postal Code
Please note any dietary needs or preferences Please select all that apply <input type="radio"/> Vegan <input type="radio"/> Vegetarian <input type="radio"/> Gluten-free <input type="radio"/> Dairy-free			
Please list any food allergies or sensitivities			
Workshop day (Friday) only (Includes workshop options and workshop-day meals) Workshop selection: Please select one of each Morning Workshop <input type="radio"/> Cultivating Resilience <input type="radio"/> Recognizing and Working with the Impact of Complex Trauma Afternoon Workshop <input type="radio"/> Collaborative Decision-Making <input type="radio"/> The Mental Health and Developmental Impact of Tech and Social Media			<input type="radio"/> \$175
Please check the payment method of your choice <input type="radio"/> Visa/Mastercard <input type="radio"/> Cheque enclosed payable to BC Foster Parents Association			
Credit Card Number	Cardholder Name		CW
Expiry Date	Signature		

REGISTRATIONS: All registration forms must be received by the BCFPA Provincial Office by **September 20, 2025**.

ACCOMMODATIONS: Accommodation and parking are NOT included in the registration fee.

CANCELLATION and REFUND POLICY: Refunds (minus a \$20 cancellation fee) will only be made for cancellations received in writing to office@bcfosterparents.ca by **September 20, 2025**. You are welcome to name an alternate participant. There will be NO refunds for non-attendance.

CHILDCARE: Childcare is not provided for the AGM and Conference Event.

FOOD ALLERGIES & SENSITIVITIES: We make every effort to accommodate food allergies and sensitivities in our menu choices, however we cannot guarantee the hotel is able to provide well balanced meals or menus for those who have more specialized dietary needs.

Mail, email, or fax completed registration form:

BCFPA, 208-20641 Logan Avenue, Langley, BC V3A 7R3 | Email: office@bcfosterparents.ca | Fax: 604-544-2223

BCFPA AGM 2024 REGISTRATION FORM - Guests and Children

Please submit one form per attendee. This form is also available online including a secure credit card payment system.

First Name	Last Name	
Phone Number	Email Address	
Street Address	City	Postal Code
Please note any dietary needs or preferences Please select all that apply <input type="radio"/> Vegan <input type="radio"/> Vegetarian <input type="radio"/> Gluten-free <input type="radio"/> Dairy-free		
Please list any food allergies or sensitivities		
All meals for guests of registered attendees (Includes banquet dinner)		<input type="radio"/> \$130
Banquet dinner for guests of registered attendees		<input type="radio"/> \$80
Please check the payment method of your choice <input type="radio"/> Visa/Mastercard <input type="radio"/> Cheque enclosed payable to BC Foster Parents Association		
Credit Card Number	Cardholder Name	CVV
Expiry Date	Signature	

REGISTRATIONS: All registration forms must be received by the BCFPA Provincial Office by **September 20, 2025**.

ACCOMMODATIONS: Accommodation and parking are NOT included in the registration fee.

CANCELLATION and REFUND POLICY: Refunds (minus a \$20 cancellation fee) will only be made for cancellations received in writing to office@bcfosterparents.ca by **September 20, 2025**. You are welcome to name an alternate participant. There will be NO refunds for non-attendance.

CHILDCARE: Childcare is not provided for the AGM and Conference Event.

FOOD ALLERGIES & SENSITIVITIES: We make every effort to accommodate food allergies and sensitivities in our menu choices, however we cannot guarantee the hotel is able to provide well balanced meals or menus for those who have more specialized dietary needs.

Mail, email, or fax completed registration form:

BCFPA, 208-20641 Logan Avenue, Langley, BC V3A 7R3 | Email: office@bcfosterparents.ca | Fax: 604-544-2223