FosterlineBC

BC Federation of Foster Parent Associations



Summer 2020 Volume 18, Issue 2

Changemaker Spotlight: Katherine McParland of A Way Home Kamloops Rider Insurance Program Updates Fostering During the COVID-19 Pandemic AGM 2020 Information

BC FEDERATION OF FOSTER PARENT ASSOCIATIONS (BCFFPA)

208 - 20641 Logan Avenue Langley, BC V3A 7R3

The BCFFPA Provincial Office is located on the traditional, ancestral and unceded territories of the Kwantlen, Katzie and Semiahmoo peoples.

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Submissions — Forward articles, personal stories or ideas to the BCFFPA provincial office. Materials may be edited for length and suitability. To be added to our Foster Community Resources list as a regional or agency contact, please email Michelle Relevante at michelle@bcfosterparents.ca.

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President's Report

Nothing since March has been normal! We have never experienced this kind of fear and uncertainty. Through

this time, I have developed a new respect for teachers. We have had to come up with ways to keep our children active and entertained. Examples from my house are: cleaning their rooms, washing dishes by hand, learning to do their own laundry, sweeping the floor–you know, the things they think that only older people should do? It's been hard for the children to not be able to have family visits or be able to go to friends' houses for play dates or sleep overs. I found it just as hard not being able to visit family and friends. Virtual visits are just not the same. I am aware that everyone's workload and stress levels have increased during this time and I hope that you are able to find small breaks in the day to take care of yourselves.

On another topic altogether, we have been able to continue our work with the Ministry teams regarding the Foster Parent Rights. Our goal is to ensure that the intention of each of our Rights will be honoured by workers province wide. Our talks with the Ministry regarding foster parent rates was temporarily suspended due to the staff time demands during the pandemic. We are hopeful the talks will resume shortly.

The AGM is fast approaching and our team is sorting through the details of how to host our meeting online. As this will be my last AGM as President, I will be sorry not to see everyone together again. I still have a few months of work to do and I'd like to take this opportunity to say that I have never been prouder to be part of such a unique and important sector of our society as I have been through these trying times. Your strength of character, ability to take on unknown challenges as front line workers through a pandemic with little or no acknowledgement or understanding from the general public, just confirms the love and dedication you have for the children whose care has been entrusted to you.

Thank you again and I hope to see you either in person or virtually at our upcoming and understated AGM.

Reflections from the Office

Greetings to all our foster parents and partners!

These have certainly

been challenging months managing our lives and work in the midst of a global pandemic. BCFFPA has been on the phone regularly with the Ministry working through challenges within our sector and offering perspective to assist them with decisions that impact foster parents. The biggest challenge has been working through the gray area of Phase 2 and 3...how to slowly and safely increase social circles to integrate more of our favorite activities while still adhering to advice from the Provincial Health Officer. Watch for ongoing updates through our social media posts, email blasts and the website.

As our members have heard, our AGM conference event this year has fallen victim to the "no gatherings over 50 people" COVID-19 rule. With this in mind, we have changed the event format and will be holding a virtual conference with workshops that can be attended online (and with extended access) and a hybrid AGM meeting in the Lower Mainland. At the Annual General Meeting, our Board members will be present with our parliamentarian, auditor and hopefully a delegation of foster parent members from the lower mainland, while other members and community partners can join us virtually from the comforts of their own home. We're still working out the details so watch your mail and email for more information!

Our staff team has been able to work remotely for much of the pandemic. Those of us who can are transitioning back to the office. We're happy to report that no programs or services were interrupted and both transitions were seamless.

Summer is just about here and we all know it's going to be a different experience than we usually enjoy. Hopefully, we will all have some time to relax and enjoy nice weather no matter what additional precautions we must take to keep ourselves and our families healthy. On behalf of the staff team, we wish you health and wellbeing in the coming months.

Jayne Wilson, Executive Director





OUR MISSION

To represent and support all foster parents who provide quality in-home family care in BC.





OUR VISION

Supporting children and youth to reach their full potential through exceptional care.

OUR BELIEF

Supported and resilient caregivers raise empowered children and youth.



The BCFFPA is a provincial organization for foster parents, run by foster parents. We are a registered non-profit charity which aims to bring together foster parents, social workers and other stakeholders who are working to continuously improve the standard of care for children in our province.

We provide information to the general public about fostering and recruitment services to the Ministry of Children and Family Development and Delegated Aboriginal Agencies. We offer our community a support network through our local Branch affiliations and our Solutions Program, accessible fostering information and education, a hub to share news across our sector and insurance resources for foster caregivers. For over 50 years, we have consulted about the revision and development of policy and practice within BC's child welfare sector.

BCFFPA's structure facilitates contact with all foster parents in the province. We provide funding to our Branches and Regional Councils, and we maintain a Board of Directors that represents our diverse BC culture. BCFFPA's Board of Directors provincially, regionally and at a community level are all volunteers, elected by their foster parent membership community.

Marking Milestones: BCFFPA Services to the Entire Fostering Community



Organize provincial conferences for foster parents and sector stakeholders (1972-present)

Create Foster Parent Information and Recruitment Kits (1972-present)

Provide one on one advocacy and support for foster parents (1974-present)

Participate in National working groups (1984-present)

Incorporate Resolution of Issues into Ministry policy (1984-present)

Distribute provincial fostering newsletter (1997-present)

Revise the Foster Family Handbook (1999)

Work with MCFD to create the Family Care Home Agreement (2000-2002–with periodic revisions)

Assist with revisions to Caregiver Support Service Standards (2005-2006)

Facilitate Caregiver Support Services Framework Project Forum which included all regional service agencies (2006-2011)

Lobby for Foster Parent Rights (signed by Minister Polak in 2009)

Participate in provincial partnership committees - Residential Review (2010-2014)

Re-launch Support and Advocacy program (2012-present – renamed "Solutions Program" in 2015, funded in 2018)

Host regional support service agencies for partnership meetings (2013-present)

Revise Foster Family Handbook (5th Edition) and released in 2014

Work in partnership with MCFD to envision and develop online Caregiver training (2015-2017)

Complete projects as necessary when awarded "one time only" project funds (ongoing)

Submit proposals to MCFD to address gaps in the foster care system (ongoing)

Work in partnership with MCFD to create policy handbook and orientation manual (1980-periodic reviews)

Co-produce fostering information program on Knowledge Network (1980-1983)

Establish Extended Property Damage Rider Insurance Program (1984-present)

Establish toll free information line (1991-present)

Work with MCFD to design and implement the Levels of Care payment system for foster parents (1994-1999)

Co-host International Foster Care Organization Conference with MCFD (1998)

Maintain provincial information website (2002-present)

Develop workshops for provincial delivery (2005-present)

Participate in and lead provincial and regional foster parent recruitment campaigns (2006-present)

Host National foster parent/stakeholder conference (2007)

Lobby for increased partnership between MCFD workers and foster parents (2012-present)

Lobby for necessary changes to policy and practice - rates, mileage etc. (ongoing)

Create YouTube BC Foster Basics video series; short informative videos that are free and accessible to all foster parents. Many are now incorporated into international training programs. (2013-present)

> Host National foster parent/stakeholder conference (2017)

Consult on the revision of Caregiver Support Service Standards - renamed Resource Work Policies (2017)

Partner with MCFD to review and revise policy to include intention of each Foster Parent Right (2020)

Message from the Minister of Children and Family Development, the Honourable Katrine Conroy



Let me start right off the top by saying thank you to foster caregivers in a year that is anything but "normal." In many ways, these times are much more complicated than anything we've ever been through.

I know that many of you are struggling to balance all of your commitments – the extraordinary lengths you're going to from home schooling, to lining up for groceries, to ensuring children get adequate physical activity, to keeping everyone occupied during rainy days, and so much more. I'm so appreciative of your commitment to the vulnerable young people that you care for and I know the difference that you're making in their lives.

I'd also like to thank all of you who are in quarantine at home with children. What you've had to do is unparalleled and the kids you care for will no doubt remember that commitment throughout their lives.

In times of crisis we all feel anxious — children and parents alike. That's why we made EASE (Everyday Anxiety Strategies

for Educators) At Home resources available to parents and caregivers through our Ministry website. EASE provides fun and practical strategies in managing children's anxiety and worries. Previously only available through schools, these resources were adapted for use at home and made available as of this spring to support children's mental health and continuous learning.

We're seeing some positive signs of recovery. As the Premier said, B.C.'s Restart Plan puts "safety first." I would ask that you continue to monitor updates from our Provincial Health Officer, Dr. Bonnie Henry. We need to remain vigilant, keep working together, and stay safe!

A final, and heartfelt thank you to each and every foster caregiver this year. The children you love and support need you now more than ever!

Amine Conray

COVID-19 in British Columbia: A Timeline of Critical Moments

January 28, 2020

First presumptive case of novel coronavirus was confirmed. The patient had recently returned to Vancouver from a business trip in Wuhan, China.

February 11, 2020

The World Health Organization (WHO) announced an official name for the novel coronavirus disease: coronavirus disease 2019 (COVID-19). Number of confirmed cases in BC: 2

March 7, 2020

Dr. Henry begins recommending physical distancing in order to slow the spread of the virus. Number of confirmed cases in BC: 27

March 11, 2020

The World Health Organization (WHO) declares the COVID-19 outbreak a pandemic. Number of confirmed cases in BC: 46

March 16, 2020

Many begin to work from home. Gatherings of more than 50 people are banned. Visits to long-term care homes have been restricted to essential only. Many restaurants moved to take-out service only. Number of confirmed cases in BC: 103

March 18, 2020

BC declares provincial state of emergency. Canada-US border shut down to non-essential travel. Number of confirmed cases in BC: 231

March 23, 2020

Travel restrictions, job losses and event cancellations become the new normal. BC government announces \$5 billion in financial help to struggling families and businesses. Fatalities continued to rise. Number of confirmed cases in BC: 472

April 23, 2020

Outbreaks in poultry facilities confirmed. Number of confirmed cases in BC: 1,824

May 6, 2020

BC's Restart Plan is unveiled (gradual reopening of the province in various phases). Number of confirmed cases in BC: 2,255 Number of recovered cases in BC: 1,494

June 1, 2020

BC schools reopen on a voluntary basis. Number of confirmed cases in BC: 2,597



June 8, 2020

BC records no new deaths from COVID-19 in the last 3 days. Canada-US border exemptions announced to allow immediate family members of Canadian citizens or permanent residents to visit from the US. Number of confirmed cases in BC: 2,659 Number of recovered cases in BC: 2,309 February 4, 2020

A second presumptive positive case of novel coronavirus in BC was announced. The individual had close contact with family visitors from Wuhan, China.

March 5, 2020

The Lynn Valley Care Centre in North Vancouver reported a COVID-19 infection. Number of confirmed cases in BC: 21

March 8, 2020

A patient from the Lynn Valley Care Centre becomes the first person in Canada to succumb to COVID-19. Number of confirmed cases in BC: 32

March 12, 2020

Dr. Bonnie Henry says gatherings of more than 250 people should be cancelled. With spring break days away, all non-essential travel outside of Canada was discouraged. Anyone who chooses to travel should self-isolate for 14 days upon their return. Number of confirmed cases in BC: 53

March 17, 2020

Public health emergency declared. Classes are cancelled indefinitely for K-12 students. BC launches self-assessment tool. Number of confirmed cases in BC: 186



March 21, 2020 Personal service businesses shut down.

Number of confirmed cases in BC: 424



April 4, 2020

New cases drop. Confirmed cases in prison facilities. Number of confirmed cases in BC: 1,203

April 25, 2020

BC records 100th death as the province continues to bend the curve of infection. There has been a steady drop in hospitalizations.

Number of confirmed cases in BC: 1,948 Number of recovered cases in BC: 1,137

May 19, 2020

Non-essential businesses like restaurants, pubs, arts and cultural facilities, retail and health services reopen. Number of confirmed cases in BC: 2,446

June 2, 2020

Active cases milestone: Only 207 active cases across BC, the lowest number since a public health emergency was declared on March 17. Number of confirmed cases in BC: 2,601

June 22, 2020

BC prepares to move into Phase 3 of its reopening plan. Number of confirmed cases in BC: 2,822 Number of recovered cases in BC: 2,471



FOSTERING IN THE TIME OF A PANDEMIC

Survey Highlights



How much money have you spent directly related to caring for your foster children at home 24/7? These should be funds over and above what you would ordinarily spend in a month.

0-\$500	49%
\$501-\$1000	39%
\$1001-\$1500	8%
\$1500 & up	4%



What are your increased expenses related to? Please check all that apply.

Food and household supplies	78%
School-related supplies	52%
Activities and entertainment	59%
Technology needs	20%

Coast Fraser Delegate Report

by Jeanette Dyer



Summer is here; like none other we have seen before. Like myself, I am sure you are ready for some loosening up of the restrictions we have been under. Patience, folks. Remember, when you feel stretched to the end of your tether, reach out to someone you trust—perhaps someone from your BCFFPA Branch or Regional Delegate. You can find a listening ear, support and even a solution for what is concerning you.

Here in the Mission/Abbotsford area, as in the rest of the province, everything has ground to a halt. No in-person workshops to attend. Perhaps the homeschooling and lack of support for our kids with challenges has been most difficult during this time. The unavailability of respite/relief that foster parents so desperately need adds to the stress as well.

Our quarterly trauma-informed practice workshop did go ahead online. This is a one-hour lunch time session hosted by Mission Child and Youth Mental Health. New and informative online workshops are being planned by the Archway Caregiver (Foster Parent) Support Group. The Foster Parent Support Group is working on finding ways to connect in person. See archway.ca for more information.

The Mission Branch tries to keep abreast of what is available in Abbotsford/Mission area. Unfortunately, the planned workshop that the Mission Branch and Archway Community Services were planning for September 2020 with Dr. Deborah McNamara and Andrea Chatwin has been postponed until 2021 due to the pandemic restrictions on large gatherings. You can email missionfosterparentexecutive@gmail.com for updates.

I applaud all of the dedicated foster parents throughout British Columbia. You have been front and center taking in and caring for our most vulnerable kids through all of these past months changes and difficulties. You continue to go above and beyond, becoming teachers, counsellors, referees, sanitation officers, organizers, medical aides, and many other roles that you have filled energetically. I stand with you. You rock! Thank you for all that you do! Know that you are not alone. I assure you that your BCFFPA board and office are working hard to keep our concerns in front of the MCFD.

So to you all, from our Coast Fraser Region, from Boston Bar to Powell River, and all points in-between, let us know your concerns, challenges, joys and accomplishments; or just touch base for a chat—Jeanette Dyer 604-826-9348 or jfcdyer@gmail.com.

Until next time (to quote Dr. Bonnie Henry), stay calm, stay kind, and stay safe.

Interior Delegate Report

by Raquel Lesieur



The year 2020 has been anything but ordinary and expected. Adaptability, creativity, calm and patience has helped foster families navigate these unprecedented times. With restrictions being gradually lifted, please remember that there is still a risk of COVID-19 transmission, and there are precautions you can take. Keep your social circle small and and plan to hold gettogethers outdoors. When physical distancing is a challenge, facemasks can be worn to help protect those around you and should be worn by people who are sick. As the province continues to reopen, the effects of COVID-19 are felt in our everyday lives, and they're shaping how our community moves forward.

The Interior Community Services started PRIDE training. PRIDE In-Service is required training for all BC foster parents that have not completed the BC Foster Care Education Program (53 hour In-Service Training). In Kamloops, everyone enjoyed doing the training together and liked how it was presented. The Kamloops Branch has hosted many activities for families and kids including a card-making event, a Spaghetti dinner, a drive-in theatre, and other kid-friendly activities.

With the BCFFPA Annual General Meeting and Conference moving to a hybrid online format, many foster parents in the Interior region are disappointed. Every year, foster parents look forward to the AGM as it is a unique event that combines networking, training, celebration, fundraising, and self-care. Social gatherings like the AGM help us connect with other members of the vibrant fostering community and make foster parents feel that they're not alone.

Before COVID-19, foster parents were already having a hard time securing respite/relief. Foster parents are being encouraged by social workers to utilize other foster parents if possible, but that becomes a challenge when other foster parents are also feeling overwhelmed. COVID-19 has highlighed this challenge in a new way. With the children/youth at home 24/7 and the challenge of social distancing, there isn't much relief available for foster parents.

Fostering is greatly rewarding, but is it ever busy too! Some days it may feel like you don't get a minute to yourself. I hope that foster parents are taking care of their mental well-being by checking in with loved ones and practicing self-care. You'll find some self-care strategies on page 16 of this newsletter. Remember that self-care is not selfish and that what you choose to do for self-care has to leave you feeling full, recharged and more mindful of what's unfolding in your life, your home and your community.

2020 CALL FOR NOMINATIONS

BCFFPA will be holding the annual election for executive officer positions on our Board of Directors at our Annual General Meeting on October 3, 2020 at the Vancouver Airport Marriott Hotel. This year, there are 2 positions for election on the BCFFPA Board of Directors Executive Committee:

- President
- Secretary

Each position has a two-year term. Nominations for each position must be received by the BCFFPA Provincial office by **July 31, 2020** for distribution to the membership for our mail voting process.

The Bylaws regarding eligibility to become an Officer of the Federation, state the following:

Paid in full member as of January 31st of current year.
Must be present at the AGM unless excused by the President for extraordinary reasons.

• Nominations from the floor will not be accepted.

• Candidates and nominations for these officer positions shall be vetted by the Nominating Committee and are chosen for their knowledge and expertise in relation to these positions.

• If only one nominee's name is submitted for a posted position and they meet all eligibility criteria as stated in the Bylaws, the individual is considered to be elected by acclamation [Bylaw change 2014: Article 5, Section 2].

- The successful candidates will be elected through a combination of mail-in votes and the votes of those attending the Annual General Meeting.
- Associate Members who have been elected to hold positions on the Federation Board of Directors shall have full voting privileges during their term of office.
- Any candidate for these posted positions must have held a BCFFPA membership in good standing for at least three years immediately previous to running.

• Candidates running for these positions must have served for at least one year in the previous three years on a Local or Macro regional council, or on the BCFFPA Provincial Board of Directors.

• Nominees require a nomination form duly moved and seconded by two BCFFPA members in good standing (ie. current membership as of January 31st of the present year).

PLEASE FORWARD NOMINATIONS TO THE BCFFPA PROVINCIAL OFFICE:

BC Federation of Foster Parent Associations 208-20641 Logan Avenue Langley, BC V3A 7R3

Or by e-mail to: jayne@bcfosterparents.ca

Fax: 604-544-2223

DATES TO REMEMBER

July 31, 2020 Nominations and Special Resolutions due to BCFFPA

August 19, 2020 Voting Ballots and Registration Packages mailed to all members

September 3, 2020 Official Notice of AGM via email/social media posting to all Members

September 23, 2020 Due date for all Voting Ballots



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Find the coverage that's right for you and your family with a **Health Assist plan** from Green Shield Canada (GSC for short).

healthassist

You can choose a plan that offers prescription drug coverage, dental or a combination of both. Plus, all plans provide coverage towards vision care, extended health care (like registered massage therapists and chiropractors), and emergency medical travel protection. Your acceptance is guaranteed for many plans – no medical questions asked*. Best of all, Health Assist plans are easy to understand and easy to get.

It's all about you and what you need. Want more info?

Contact

Candace Dodson-Willis

in strategic alliance with Group One Candace_Dodson@icloud.com



Plans provided by Green Shield Canada (GSC)

*Acceptance is guaranteed for select plans as long as GSC receives the initial payment; other plans require completion of a health questionnaire and medical underwriting. ® Trademarks of Green Shield Canada. The GSC logo design is a registered trademark of Green Shield Canada. © 2016 Green Shield Canada. All rights reserved.

I	Special Resolutions 2020			
I	Whereas: (state circumstance)			
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I	Therefore: (state proposed special resolution)			
I				
ī				
ì				
I	Moved By:	Membership Number:		
l	(name)			
Seconded By:		Membership Number:		
I	(name)			
I	Diagon submit your proposed S	pecial Resolution by July 31, 2020.		
ī	Packages will be distributed by ma	il for ballot voting by August 19, 2020.		
ì		ers in good standing (current members as of January 31, 2020). ach Special Resolution proposed.		
		BCFFPA Constitution and Bylaws are the formal		
	"Special Resolutions": Prior to the BCFFPA	documents that contain BCFFPA's fundamental		
	Annual General Meeting, we receive proposals	objectives and principles.		
	from members in good standing for special			
	resolutions. A special resolution is a proposed			
	change to our Bylaws. The proposed changes			
	are presented to our membership as a whole and	BC Federation of Foster Parent Associations		
	voted on. We require a majority vote for the special	Constitution and Bylaws		
	resolution to be passed. When a special resolution	(Revision 2018)		
	is adopted into BCFFPA's Bylaws through a membership vote, the wording of the resolution is			
	then submitted to the governmental authorities to			

foster parents

BCFFPA

documentation.

become part of the Association's permanent

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BCFFPA Provincial Officer Nomination Form 2020

Name of Candidate		Membership Number	
Address		City	
Postal Code	Phone Number	Email	
Candidate Information			
Fostering Experience			
BCFFPA Experience			
Related Volunteer or Employment	Experience		
Views and Objectives to Offer this	Position		
Other Comments			
Nominated by		Membership Number	
Nominated by		Membership Number	
Signature of Candidate		Date	

Please submit your nomination form by July 31, 2020. Packages will be distributed by mail for ballot voting by August 19, 2020. Proposed nominations will be accepted for members in good standing (current members as of January 31, 2020).

Changemaker Spotlight: Katherine McParland of A Way Home Kamloops

by Michelle Relevante

Katherine is the Founder and Manager of the A Way Home Kamloops, a groundbreaking movement to end youth homelessness. At 19 years old, Katherine aged out of BC's foster care system and had a tumultuous start to young adulthood. Losing access to government support, she found herself unpreparedly thrust into the adult world and experienced homelessness while living on the streets of Kamloops. With her tremendous resilience and the support of people around her, she has since earned a degree in Social Work, and has recently completed her Masters of Social Work Leadership. Katherine has been instrumental in bringing awareness and support to youth homelessness in British Columbia.

Early this year, Katherine launched the provincial report, "From Marginalized to Magnified" which she completed as part of her practicum with the support of the Office of the Representative for Children and Youth. The report magnifies the voices and lived expertise of 231 youth across BC, detailing pathways, impacts, barriers, and most importantly the solutions to ending youth home-lessness as informed by the youth participants. Get to know Katherine in this interview as she shares her journey of finding purpose in creating change through her lived experience.

What was your motivation for starting A Way Home Kamloops?

The vision behind A Way Home began through my personal lived experience. I grew up in the foster care system and really felt that I learned what it's like to be homeless through my experience of having a lack of permanency, and a lack of housing stability. When I aged out, I experienced absolute homelessness and that's when I realized that there wasn't enough safety nets for youth aging out.

I grew up in the foster care system and really felt that I learned what it's like to be homeless through my experience of having a lack of permanency and a lack of housing stability. After coming out of homelessness, I began working at an adult supportive housing building and began to recognize all the youth gathering around that run away from their foster homes to the streets. I gathered a group of young people in an abandoned building. We began as a grassroots collective that kept growing.

In 2012, Kamloops was named as one of two pilots to develop a youth homelessness action plan in a national initiative. The City of Kamloops approached us to become the steering committee behind the plan and became A Way Home Kamloops. Kamloops was the first in BC to develop a youth homelessness action plan. As A Way Home Kamloops' work became so successful, the national organization asked to use the name A Way Home Canada. A Way Home has become an international phenomenon with A Way Home America and A Way Home Scotland.

Can you tell us about the work A Way Home Kamloops does?

We have many different components. We recognize the need for provincial investments and policy changes. In 2017, we set a strategic priority to help lead the development of a provincial plan. We co-founded a community of practice called the BC Coalition to End Youth Homelessness made up of 40 organizations across British Columbia.

Consistent with our grassroots beginnings, A Way Home Kamloops is implementing our community plan to prevent and end youth homelessness. We have about 160 members from all sectors which include landlords, youth, and non-profits that come together and coordinate services so that no youth are left behind.

At the local service delivery level, we have a robust housing program. In 2015, we created the Kamloops Youth Housing First Wrapforce which is a youth-specific centralized housing and supports intake system. Wrapforce includes fifteen community partners who have coordinated services. Youth can walk into any of these organizations and will be connected to a Youth Homelessness Champion who will complete their intake for community housing and supports. Instead of making a youth adapt to a specific program, we use a youthcentered and flexible approach.

We also have The Safe Suites for young people ages 18-25 with complex mental health or substance use concerns. We provide 24/7 staffing and case managers work with the young people to develop tailored wellness plans and support them in their 'adulting goals' such as education or employment. Youth have access to a full range of training and supports so long-term housing options may be achievable with no past housing experience. A Way Home also provides a Youth Housing First program that includes over 18 units of Scattered Site Housing. A Way Home takes out the lease and youth receive case management support and life skills programming. At the end of the year, if they're ready, they have an opportunity to take over a lease and have a permanent home. Through this program, we have provided housing options specific to youth moms. This year, we had three babies born in A Way Home housing. This helps put an end to the next generation of homelessness, preventing protection concerns and the removal of children from their mom's care.

A Way Home Kamloops also provides a youth-led education and employment program where support is provided by Peer Navigators with lived expertise and have come through our programs. Thompson Rivers University provides five full tuition bursaries a year for youth in A Way Home Kamloops housing.

What is "home" for you and how would you describe it to a person who has never known home?

A home is so much more than brick and mortar. It's a safe space. It's the sense of belonging and connection.

When was the first time you thought to yourself, "I want to be an advocate for the youth and prevent youth homelessness"?

I was hired as a Peer Researcher by an organization that wanted to create a bursary for youth. I was tasked to consult with young people and because I've gone through many foster care placements, I knew a lot of youth in care whom I created a sense of family with. I connected with 30 of my foster siblings which required going to correctional facilities and travelling to smaller communities. I was absolutely devastated because 80% of those 30 youth were homeless. I really identified with what my foster siblings were going through so I ended up joining them on the streets. We took a piece of cardboard and we all wrote on it: Youth are Aging into Homelessness. You need to help. We all signed this piece of cardboard and duct taped it to the Ministry of Children and Family Development's door. That was my first memory of social justice advocacy. I never thought it would end up here.

What inspired you to write the report, "From Marginalized to Magnified"?

I met the former Representative for Children and Youth, Bernard Richard. I thought that he was a genie and so I asked him for three wishes. One of my wishes was a youth-led report. At that time, RCY's reports were mostly written by advocates. I believed that RCY could use its privilege to elevate the voices of youth. I'm very grateful that they agreed to the report.

If you were given \$1 million, which of the youth homelessness solutions outlined in your report would you first spend the funding on?

Can we change it to a billion? (laughs) I think the quickest, lowest hanging fruit is rental subsidies. One million dollars can go very far and would make a direct impact. It would bridge the affordability gap to prevent youth homelessness.



Read the report here.

Where did you draw strength from as you were navigating all of the challenges you encountered at such a young age?

I developed resilience. Ultimately, what created change for me during hopeless times was finding a sense of purpose. I struggled with other coping things that came with homelessness such as substance use. Things changed when I got a job working as a Recreation Therapist working with seniors. I felt so loved working with all the seniors there. It gave me much needed connection and a sense of purpose.

How do you engage youth voices and diverse voices specifically Indigenous perspectives in finding solutions to youth homelessness?

You can engage diverse voices by giving people with lived experience a seat at the table. It's important to honour people beyond tokenism. We should create space for youth and allow them to lead. When it comes to Indigenous perspectives, most of the youth forums would not allow professionals as it's a youth-only space. However, in two of the forums, the only adults that were invited were Elders. Their wisdom and the way that they supported the young people's space moved me to tears.

How can caring adults truly "show up" for youth and make them feel seen and heard in a world that too often makes them feel invisible?

Listen to the youth and put youth voices first. So often as adults we jump into problem solving but sometimes it's just about listening and creating space for youth.

Sometimes it may look like it's going beyond a job description. For example, somebody that made a difference in my life...It was after hours and I was walking on the street, a previous support pulled over and got me a hotel on their own credit card. Some people would probably consider that unethical because they were on their own time but did that act of kindness save me? YES.

There are many myths about youth homelessness. What's one myth that you'd like to see banished?

That youth homelessness is a choice. I think a lot of people think that homeless youth are just running away from rules and are choosing to live on the streets. Nobody would choose the trauma and experiences that homeless youth carry unless they're fleeing abuse or unhealthy environments.

How can we break the cycle of homelessness for youth aging out of care?

I will quote the amazing Dylan Cohen with Fostering Change and say that they key is 'universal and comprehensive agreements with young adults'. I think the AYA Program is the solution for youth aging out. It's important to invest in more life skills programs that are available to youth in every community. Transition plans also play a major role.

What have you learned about yourself throughout your journey?

I learned that, if you believe in something and you have vision, you'll be able to create change. Just coming out of homelessness, I created a vision board and I had a picture of a lady and I cut out the words 'Social Services Manager' and it really set that intention. I achieved that goal within 4 years and found that I have the ability to create change.

You are such an inspiration to so many people, but who inspires you?

So many different people – definitely the youth. I also get inspired by people who have made positive changes. For example, Minister Selina Robinson (Minister of Municipal Affairs and Housing) and Minister Katrine Conroy (Minister of Children and Family Development). I see their hearts and I know they have good intentions. They also listen to the youth.



Use your BCFFPA membership to enjoy savings on North America's top travel, entertainment, health and wellness, and lifestyle brands!

Adidas Apple Cineplex **Cirque du Soleil Disney on Ice** Disneyland Dyson **Great Wolf Lodge** Hunter Indigo La-Z-Boy Furniture Landmark Cinemas **LEGOLAND** Lenovo Petsecure Reitmans Samsung UGG Universal Orlando WestJet

The Brick Carter's Cruises.ca Columbia **Club Monaco CityPASS** Dell **Ever New** HP **KitchenAid** Kiehl's LE CHÂTEAU RW & CO Matt & Nat Panasonic Sorel **TurboTax** Walt Disney World Vitamix Wyndham Hotels

BCFFPA Members have access to discounts through our partnership with Canada's leading perk program, Perkopolis!

perkopolis

Step 1: Go to Perkopolis.com and click 'Register' in the top right corner.

Step 2: To access all perks, you must register by using a valid email address. Then, you will receive an email to activate your registration. – click the link within this email that says "Complete my profile".

Step 3: Enter your member ID code which is BCFFPA + your 5-digit membership number (BCFFPA12345). Once you are logged in, click on your name in the top right corner of the screen, then choose 'Profile'. Your BCFFPA Membership Number will appear as the first item under 'Your Information'. You can now navigate back to perkopolis.com.

Step 4: Enter the required information. Click the 'accept terms and conditions' box. Click 'Confirm'.

You're all set to start saving!

Monthly Donor Spotlight: Annalise Burdett

"My husband and I just had our first child and now more than ever, I realize how important it is that children have a safe and nurturing home to grow up in. My grandparents were foster parents for over 30 years and they are my heroes. Foster parents are often the true unsung heroes of many young people's lives and I would like to support BC Federation of Foster Parent Associations for what they do for the community."



Annalise with her grandmother June Ekelund and grandfather Robert Ekelund

Like Annalise, you can be a monthly donor at whatever giving level is comfortable for you. Your donations will help us expand our services to the fostering community.



SUMMER MUSTS



Hosted by Mindy Thomas and Guy Raz, Wow In The World is a podcast that invites curious kids and their grown-ups on a journey into the wonders of the world around them.

The best way for parents to encourage children's curiosity is to stay curious themselves. This podcast is best for science-loving children who want to listen to the most amazing stories in science, technology, and new discoveries. Recently, its creators released a seven-minute daily game show called Two Whats?! and a Wow!, a daily interactive, science-based game show. The game show was created as a rapid response to worldwide school closures due to the COVID-19 pandemic. Download via Apple Podcasts or Google Play and get WOWed!





But Why? is the perfect title for a podcast that answers kids' guestions. Know a kid with a guestion? You can send their guestions to But Why? to get them answered. Kids can send their questions ahead of time to questions@vpr.org or call-in at 1-800-639-2211 while the program is live.

We love this podcast because its content is driven by kids' questions. Kids have a natural hunger for information and they're always asking questions. This podcast encourages kids to stay curious, seek answers to problems, and question what is around them. Kids ask the questions and they find the answers!



Written by local author, educator and girl advocate, Lindsay Sealey, Rooted, Resilient and Ready, is an insightful resource for caring adults like parents, mentors, caregivers, counsellors, and educators who are invested in empowering young girls. With empathy and deep understanding of teen girls and the challenges they face in today's society, Lindsay gives caring adults a toolkit with practical tips for connecting with young girls. The author acknowledges that the book is bound by societal constructs of gender. The pronouns "she" and "her" are used throughout the book for consistency even when individuals have identified as non-binary. To purchase a copy, visit lindsaysealey.com.

Must Read

You want the best for her. You may even want her to have a better life than yours. But she needs to choose a life of her own. One of the most important things I hear from teen girls-and I hear it often-is that they need you to accept their choices as they figure out their uniqueness.

Adults learn from children just as must as children learn from adults. What Young Children Need You to Know by Bridgett Miller is full of insights into a child's inner world which caring adults can use to better connect with children. Bridgett seamlessly blends her experiences as a parent, teacher, remedial therapist and parent consultant, and wrote the book using relatable language without losing the important lessons from developmental science which guide her work. The book is divided into 55 chapters based on a wide variety of topics - examples of titles include: "I didn't come with a manual and that's a good thing", "Don't take me personally", and "I need kindness most when I appear to deserve it least". Each chapter ends with an inspiring parenting affirmation. Visit bridgettmiller.com to purchase a copy of the book.

Prescribed instructions on how to interact with children may sound appealing, but they limit your ability to to respond to your child as the individual they are, and this affects the relationship you're cultivating. Development is a natural process and watching them closely and getting to know who they truly are will serve both of you better than any manual.



bridgett miller



to give back. You could volunteer at your local food bank or offer to bring groceries to your elderly neighbours who are staying indoors and avoiding the grocery store



Explore the

Hike, bike and

outdoors.

paddle with the family!

Enjoy some fresh air

and the splendors of

nature. Adventure can

be found on both land

5

and water.

FosterlineBC Volume 18 Issue 2





Go camping at a campground or in your backyard. 1 As of June 1, many camparounds across BC have reopened for the summer. Download the BC Parks Guide to Camping During Covid-19 to learn what to expect when you arrive at the campground.

If you or the children in your home do not feel safe and ready to go on a camping trip, you can try camping in your backyard instead. Download the SkyView app so you can have fun finding constellations in the sky. Page 17









SELF-CARE BINGO Keep self-care top of mind and not an after-thought!				
Ate something yummy	Took a much needed break	Practiced deep breathing	Asked for help	Adapted my routine
Joined/hosted a virtual の ^{party} の	Practiced self	Stretched my tired muscles	Got a good night sleep $\bigwedge \bigwedge \bigwedge \bigwedge$	Said NO when I wanted to say NO
Vented to someone I trust	Took a break from technology	FREE SPACE SPACE Pick your own self-care practice	Validated my feelings	Did something I've been putting off
Decluttered my home	Completed a 1,000-piece puzzle	Made lifestyle and dietary changes	Kept things in perspective	Set boundaries with my family
Found ways to laugh	Took a walk outdoors	Appreciated something I rarely have time to notice	Played a board game with my family	Made a gratitude list

Why is self-care especially important during COVID-19?

During the COVID-19 pandemic, everyone is experiencing anxiety, stress, confusion, pressure and ongoing trauma. COVID-19 is not just a challenge to our physical health but it continues to test our mental health. Taking care of yourself may relieve the pressures of everyday life and resets your mind and body. Having a self-care routine has also been clinically proven to reduce anxiety and depression, prevent chronic stress, improve concentration, minimize frustration and anger, boost happiness, and improve energy levels. Self-care has also been clinically proven to reduce heart disease, stroke and cancer.

Remember that self-care looks different for everyone. Find your own rhythm and routine, and make it a daily habit.

Remembering Dianne Swansburg

by Annette Harding



From left to right: Gaye Smith, Dianne Swansburg and Wanda Smith at the 2016 BCFFPA AGM & Conference

"My hope is to leave the world a bit better than when I got here." Jim Henson

Dianne Swansburg did this and so much more for everyone who ever crossed her path during her 64 years on our earth. The hundreds of friends, colleagues, and community members who joined her family to celebrate Dianne's life on February 29th, 2020 demonstrates how much she made the world a better place for so many. Dianne loved and admired Jim Henson and the Muppets. The values of kindness, understanding, acceptance, compassion, equality, diversity and love shared through humour in the Muppet Show, struck chords with Dianne as she shared and lived by these values along with her great sense of humour and the warmest laugh.

Dianne loved the work she got to do with foster families and resource workers throughout the province. Over the years, Dianne attended many BCFFPA AGMs and enjoyed both the deep and meaningful conversations and the funny stories foster families shared with her. She developed and delivered Resource Worker Training on her own initiative and was invited by several other regions to deliver the training, so maybe Dianne is someone you have met or you've heard of, so far and wide was her reach and influence.

Dianne Swansburg was born February 8th, 1956 at Peace Arch Hospital in White Rock, BC and passed away 64 years and one week later in the same hospital. Known as Sissy to her family, Dianne lived a full and earnest life and was known by all as loving, kind, intelligent and loyal.

As a professional, Dianne spent 35 years working in different capacities as a social worker and advocate for children in need and foster families. Dianne was one of those unique people who are their true authentic self at work, at home or in her community. Dianne walked the talk and made sure she lived up to her own values in all situations. Throughout her career, she made decisions with inestimable integrity, empathy and genuine love for the children, youth and foster families she worked with. Dianne and I became close friends through our working relationship which began in 2002 when Dianne became the first Resources Consultant for the Ministry of Children and Family Development in the province for the Fraser Region and I was a policy analyst in the provincial office in Victoria. Before finally meeting in person in 2005, we knew we had a special connection that went way beyond our work passions and values.

We were both passionate about social justice and quality social work with Dianne being the champion for how policy supported practice and Dianne always asked the best and sometimes hardest questions ever that brought about positive changes to policy. People will never know or fully appreciate all that Dianne Swansburg did for Resources practice and working successfully with foster families behind the scenes but be assured she was a natural leader and exemplary trainer. As Dianne was so knowledgeable and insightful about Resources practice and foster care, she was a key member of many ministry policy and practice working groups. Her amazing experience and guidance can still be seen today in the current Resource Work policies.

After Dianne retired in 2015 from her incredible career with MCFD, she knew she was not quite done yet. Dianne took a contract with the BCFFPA to work with the ministry on the development new Resource work training and foster parent training. Dianne had many subtle and direct influences on my career in the ministry including encouraging me to apply for the new role of Solutions manager at the BCFFPA. With Dianne by my side, building confidence I was successful in my application. Most recently after I retired from the ministry in 2018, we both had the best time ever working together on the new Solutions Program Training. Dianne was in her element, her creativity and teaching brain in full force.

Dianne was rightly very proud about this training and she delivered the information with great passion and knowledge. Dianne had a great, clear voice that resonated over the crowd. She knew how to read the room and pace the training and who else could make training on family care home agreements (contracts) so compelling and funny. Dianne never got to fully retire as her commitment to making life better for foster families and vulnerable children remained strong and Dianne proudly said that working as long as she did was never something she would regret. We were all so fortunate to have her for as long as we did.

Dianne had the remarkable ability to see those who needed to be seen and fiercely love those who needed to be cared for. She fully exemplified the message from Kermit the Frog who said "Maybe you don't need the whole world to love you, maybe you just need that one person." Dianne was always that one person whose love you could depend on. To know her was to love her and be loved by her.



From left to right: Julie Holmlund, Annette Harding and Dianne Swansburg at the Solutions Program Pilot Training

When Dianne's cancer took hold her friends and family began to do Dianne Deeds - random acts of kindness as a way of reconizing Dianne's special gifts of love and kindness through carrying out our own acts of kindness as a way of supporting her and her family through their devastating journey and dealing with our own helplessness.

This is an article about my dear friend that I never wanted to write but at the same time I'm compelled to write about this remarkable woman who left us much too soon. For all who knew her, our challenge and her legacy will be to continue living and loving the way she taught us how. Dianne guides us with one of Jim Henson quotes...

Watch out for each other: Love everyone and forgive everyone, including yourself. Forgive your anger. Forgive your guilt. Your shame. Your sadness. Embrace and open up your love, your joy, your truth, and most especially your heart.

It's okay to ask for help. Don't foster in isolation.



604.553.8844

BCFFPA UPDATES BCFFPA Projects and Committee Work Completed and In Process

Key Projects Completed

Four new BC Foster Basics YouTube videos

BCFFPA produced videos covering three new topics for our BC Foster Basics YouTube channel. We hope that you take the time to view the videos and share them with community members.

- Engaging and Working with Indigenous, First Nations, Métis
 and Inuit Communities
- How Foster Parents Can Support Permanency Planning
- The Professional Side of Fostering (Part 1)
- The Professional Side of Fostering (Part 2) Finances and Insurance

Video series for MCFD's foster parent training about Problematic Substance Use

- BCFFPA produced eleven video clips covering four topics to be embedded into the Problematic Substance Use curriculum developed for MCFD's Learning and Development Division
- Assisted with development of content for the curriculum

Key Projects and Committee Work In Process

Three New BC Foster Basics YouTube Video Topics Under Development

- Supporting Youth Who Are Aging Out of Foster Care
- Working with Foster Parents Tips and Tricks for a Supportive Partnership
- A Day in the Life of an MCFD Social Worker

Social Service Sector Advisory Committee

BCFFPA is sitting on a committee with MCFD leaders and representatives from several other stakeholder agencies to review and critique planning and practice options for BC's future social service delivery.

Foster Parent Rights

In May 2019, BCFFPA met with the Ministry with a draft of revised and new Foster Parent Rights. We have recently completed reviewing each current and proposed Right and have aligned each Right with a section of child welfare policy. Next we will discuss wording options for MCFD's leadership team to review. Up to now, child welfare policy has contained almost no reference to the requirements of working with foster parents, so this is a significant, impactful and and welcome development for BC's foster parents.



Contracted Agency Partnership Committee

Through our Solutions Program and in partnership with agencies across our province, we have established a working group that catalogues BC's toughest fostering sector issues and applies collective expertise to solutions for systemic issues. This initiative has the full support and involvement of MCFD.

Quality Assurance Outcomes

BCFFPA is engaged with members of the Quality Assurance leadership team to discuss the development of an outcomes based model for Quality Assurance. Once developed and implemented this will improve the experience of foster parents who go through the complaints or review processes.

Provincial Recruitment Committee/Regional Recruitment Campaigns

In partnership with BC's contracted foster parent support service agencies, our Communications Coordinator is developing regional foster parent recruitment and mythbusting campaigns for regional distribution. We also participate as a member of the Ministry led committee to discuss provincial recruitment initiatives.

Interior Recruitment Campaign

The campaign is the product of a collaborative process with foster parents, support agencies, MCFD and DAAs in the Interior Region. We are grateful to everyone who participated in the committee and offered their insights. If you are an agency located in the Interior Region and would like to have access to the print and digital materials for recruitment, please call BCFFPA at 1.800.663.9999. Follow the hashtag #FosterNowFriday on social media to learn more.



MYTHS vs REALITY ABOUT FOSTERING A CHILD OR YOUTH

MYTH: Older people can't become foster parents.

REALITY: People begin fostering at many different points in their lives. Anyone, 19 years or older, who wants to share their home with a child in need can apply to become a foster parent.

MYTH: You have to own your home to be a foster parent.

REALITY: Whether you rent or own your home makes no difference to your ability to give a child a safe, secure and nurturing home environment.

MYTH: You have to give up your job if you want to be a foster parent.

REALITY: There are many foster parents who manage to balance fostering alongside work. It depends on the flexibility of your job and the needs of the children you are caring for.

MYTH: LGBTQ2S+ people can't be foster parents.

REALITY: Excellent foster parents come from every community. The diversity of our fostering community mirrors the many unique and amazing children and youth who need your help.

MYTH: Only people who are married and have parenting experience can be foster parents.

REALITY: Parenting experience is not a requirement. What matters is that you are willing to attend and learn from foster caregiver training. Single and partnered people are all welcome to apply to become foster parents.

MYTH: Most of the children coming into foster care are babies.

REALITY: Children and youth come into care at all ages. Teens need support, stability and permanency too.

MYTH: Fostering is just like regular parenting.

REALITY: Although ALL children need to be loved and nurtured, fostering is more complex. Foster children and youth have experienced trauma and they require skilled and trained caregivers.

MYTH: Once you take in a foster child, you're on your own without any help.

REALITY: Foster parents are part of a team. Don't foster in isolation! BCFFPA and regional support agencies are available to offer advice, connection and support.

Extended Property Damage (Rider) Insurance Program for Foster Parents

The Ministry of Children and Family Development has arranged for Extended Property Damage (Rider) Insurance to supplement a residential caregivers homeowner or tenant insurance policy. The Rider follows the underlying homeowner or tenant property policy to provide up to the same limits and coverages. The rider mirrors your own primary policy. For example, if your policy covers \$2,000 for jewelry, then the Rider will cover \$2,000 for jewelry that is damaged by the child or youth in your care.

The Rider Insurance Program is a "group plan" and BCFFPA administers this policy on behalf of all foster parents insured under the policy.

The premiums are paid for by the Ministry and coverage is provided automatically to all caregivers who:

- deliver foster care services or youth justice care under an agreement directly with the Ministry or a Delegated Aboriginal Agency, and
- have homeowner or tenant insurance.

Damages are covered by the Rider program when done by the children/youth in your care only if any one incident is more than the deductible on the caregiver's policy.

The minimum deductible is \$1,000 per claim or the deductible stated on your policy, whichever is greatest. If your deductible is less than \$1,000, please be advised that the underwriter's minimum deductible is now \$1,000. Contact the Ministry or your Delegated Aboriginal Agency for reimbursement of your deductible. Speak with your Resource Worker about the damages that are under the deductible amount.

"On the basis that a foster parent should not be 'out of pocket' related to that authorized expenses of caring for a child in care, the foster parent's deductible cost is reimbursed by the Ministry after considering the amount of unexpended funds that may be available from the family care home payments. Service payments are not used to cover any deductibles."

Resource Worker Policies, Appendix D

The Certificate Program for Residential Care Homes

The Rider claims procedure is the same for all foster caregivers unless purchased separately through the Certificate Program. The Rider is not automatic for residential caregivers who do not have a contract with the Ministry of Children and Family Development or a Delegated Aboriginal Agency or placed through the Youth Justice Act; however, they are eligible to purchase the same coverage if they meet the qualifications and have their own homeowner or tenant insurance. These residential caregivers include those providing in-home care on behalf of community agencies where the funding for care is not through the Ministry or a Delegated Aboriginal Agency, such as independent agencies or Aboriginal bands.

If you have a child placed through a society or band, you should purchase additional Rider coverage for damages caused by the child or youth in your care. You will need to purchase this additional coverage even if you have qualified as well for automatic coverage for another child in your home. The annual non-refundable premium for the Rider insurance is \$275 per bed.

Don't let your claims accumulate as they are processed on a per-occurrence basis. Multiple incidents cannot be combined into one claim. Report your claim as soon as possible. Foster parents have 2 years to file a claim and a deductible is applied to each incident.

The maximum coverage for house and contents damaged by a foster child is \$500,000 per claim or the maximum limit of your homeowner or tenant policy, whichever is less, subject to all other insuring agreements, limits, definitions, declarations, conditions and exclusions of individual foster parent's personal insurance policy or policies.

Should any foster parents find they are having difficulty securing home or tenant insurance, please call Walker Ross or Erin Fitzpatrick at Megson Fitzpatrick Insurance Services at 1.888.595.5212.



Extended Property Damage (Rider) Insurance Program for Foster Parents



Instance of Loss or Damage

Report your claim as soon as possible following a loss or damage to your own property caused by a child or youth in your care. Unsure whether the Rider will cover it? Call BCFFPA at 1.800.663.9999 and we would be happy to help you.

Submit the following documents to to BCFFPA. Copy all documents to your MCFD/ Agency worker for their records.

1. **Copy of your Insurance Policy Wording**. It is important to note that you do not need to open a claim through your own insurer. The purpose of this policy is to protect you from having to place claims for damages done by the child in your care. 2. **Statement of Circumstances**. Detailed statement of incident including specific dates, times and who was involved. Please keep in mind that in order to protect the privacy of the child/youth, their name should not be used in this statement. You can refer to them as 'FC' or a similar abbreviation.

3. **Declaration page from insurance company** (sometimes called the "face page") corresponding with date of incident.

4. Copy of your Foster Home Agreement or Contract corresponding with date of incident (only the signature pages).

- 5. Theft claims please include a copy of your police file number.
- 6. Estimates or receipts of repair for all damaged items.
- 7. Pictures of the damage.

Don't hesitate to reach out to us at any stage of the claim process!

Call 1.800.663.9999

When we receive the full set of your documentation, we will ensure that everything is in order and we will forward the package to the insurance adjuster. Claims will not be submitted to the insurance adjuster until all necessary documentation is collected.

The Insurance adjuster will be in contact with you to ask specific questions towards the settlement of your claim. Our insurance adjusters work as quickly as possible but there are occasions when the claims process is slowed down by unavoidable circumstances, such as incomplete paperwork, difficulty contacting claimants or acquiring estimates. In order to expedite the settlement of your claim, please be sure to follow all instructions and send all paperwork promptly.

After repairs have been completed and lost or damaged items have been replaced, your adjuster will contact you regarding settlement of your claim and payment. Every claim is different, and although the claims process can vary slightly according to the situation, your adjuster will devote the time and attention it takes to resolve your particular case. Please contact your Resource Worker for reimbursement of your deductible.

BCFFPA Services to the Membership

Another branch of the family tree since 1967

1966-1972

BCFFPA was created and incorporated to establish a foster parent network, organize the first Foster Parent Conference and set up informal "Branches" where foster parents could gather together and maintain provincial communication through BCFFPA's network.

MEMBERSHIP (THEN AND NOW)

Members pay annual fees.

Membership fees support community family activities hosted by foster parents in BCFFPA's "Branches"



Bursaries for CICs to go to summer camp, for higher education or fine arts supplies



Bursaries accessible to children of members to pursue higher education



Bursary to assist foster parents with the costs of medical travel with a CIC (covers additional expenses)



Discounts available to members for products, services and hotels

Members participate in the governance and strategic direction of BCFFPA

Members abide by BCFFPA Code of Ethics



You can start a Branch when you have five BCFFPA member foster parents interested in doing so. Any time of the year, any season, any day—we'll be happy to help you along the way!



JOIN A BRANCH, START A BRANCH

Community is important for foster parents. Gathering together on a regular basis gives foster parents the much needed sense of community that is essential when they're working within the complex child welfare structure. Nothing beats a group of like-minded people who share similar experiences. 85% of the membership fees paid to BCFFPA are redistributed to our Branches across the province. The funds you give to us for membership in turn provide for your very own community's activities, meetings and workshops.

When foster parents come together in a Branch, they are able to communicate to BCFFPA's provincial office the successes and issues experienced by their fostering community. This better informs us so that we are then able to represent the interests and activities of your community in our discussions with the Ministry.

For more information about joining or starting a branch in your community, please call 1-800-663-9999.



Did you know?

Each year, approximately 42% of all adoptions in BC are foster parents adopting the children in their care.

Foster parents make great adoptive parents!

Being adopted by their foster parents means stability and less disruption in the child's life and relationships. The message children hear when they're adopted is "I'm wanted, loved, and know where I belong."

If you're thinking about adopting your foster child, post-adoption assistance may provide funding for services and maintenance. While financial assistance continues, decision making and legal responsibility for the child shifts to you, the new adoptive parent.

Visit **www.bcadopt.com** or call us at **1-877-ADOPT-07** to learn more about adopting your foster child.



Adoptive Families Association of BC

AEP-Online Refresher

Learn the essentials for building a strong adoptive family! Meet the mandatory adoption education requirements in your province with the AEP Online Refresher. This course is designed especially for those who have completed approved prior caregiver training. Check with your resource or social worker if you are eligible to take the AEP Refresher. Get more info and sign up at: bcadoption.com/AEP-online

Provincial Resources

BC Federation of Foster Parent Associations www.bcfosterparents.ca	1-800-663-9999	
After Hours Foster Parent Support Line	1-888-495-4440	
Indigenous Perspectives Society www.ipsociety.ca/foster-caregiving	1-844-391-0007 ext. 229	
Federation of BC Youth in Care Networks www.fbcyicn.ca	1-800-565-8055	For contact information or support in your a
Adoptive Families Association of BC www.bcadoption.com	1-877-236-7807	Foster Parent Sup Services Society (
Pacific Post Partum Support Society www.postpartum.org	604-255-7999	www.fpsss.com FPSSS (Victoria) FPSSS (Nanaimo)
Parent Help Line	1-888-603-9100	FPSSS (Campbell
Parents Together	604-325-0511	
Parent Support Services of BC www.parentsupport.bc.ca	1-800-345-9777	For contact inform support in your are
Representative for Children & Youth www.rcybc.ca	1-800-476-3933	AXIS Family Resort www.axis.bc.ca
FAE/S Support Network	604-507-6675	Community Bridge
Interior		www.communitybr
For contact information for local foste support in your area, please call 1-800-6 Okanagan Foster Parent Association		For contact informati support in your area,
www.okfosterparents.ca Central Okanagan North Okanagan South Okanagan	250-870-8991 250-558-0939 250-462-6907	Hollyburn Family Se www.hollyburn.ca
Shuswap	250-515-1522	Vancouver Aborigina Family Services Soc
Okanagan Metis Children & Family Services	250-868-0351	www.vacfss.com
Interior Community Services	1-877-376-3660	Foster Hub www.fosterhub.ca
www.interiorcommunityservices.bc.ca www.icsfp.info East Kootenay	250-426-6013	Fraser Valley Foster Association
West Kootenay Cariboo Kamloops and area	778-460-5174 250-609-2017 236-421-0031	South Vancouver Yo www.milieu.ca/svyc
and the second sec		

Foster Community Resources

nation for local foster parent groups area, please call 1-800-663-9999. 1-888-922-8437 pport (FPSSS) 778-430-5459 250-390-9686 River) 250-286-0555 North nation for local foster parent groups or ea, please call 1-800-663-9999. 1-877-392-1003 ources Press 205 e (Fort St. John) 250-785-6021 oridge.ca ext. 235 **Coastal Fraser** tion for local foster parent groups or , please call 1-800-663-9999. 604-987-8211 ervices nal Child & 778-331-4500 ciety 1-877-926-1185 r Parent 604-533-1924

Island

South Vancouver Youth Centre 604-325-2004 www.milieu.ca/svyc

IT PAYS TO BE A MEMBER!

Please complete and return to BCFFPA: 208-20641 Logan Avenue, Langley, BC V3A 7R3 or join or renew via our website at www.bcfosterparents.ca			
Name(s): Date:			
Address:	City:	Postal Code:	
Phone:	E-Mail:	Region:	
Local Association (BCFFPA Branch): _			
Level of Foster Home: (select one)			
Restricted Regular Level I.	Level II Level III Contractor	_ Other	
This is a: New Membership	(OR) a Renewal		
1 year: individual \$30.00 2 year: individual \$50.00	OR couple \$35.00 OR couple \$60.00		
•	used by the provincial office for administration of nce of the fee will be returned to your regional box		
I/we contract with MCFD	Delegated Aboriginal Agency Other:		
OR my affiliation with the BCFFPA is (i.e. staff, MCFD, non-foster parent):			
As members of the BC Federation of Foster Parent Associations, I/we agree to abide by the Bylaws, Policy and Procedures, and Code of Ethics of the Federation[signature(s)]			
Please bill my VISA or MC #		Expires /	
[signature for approval]			

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